



*Welcome to the bumper Christmas December issue. The urgent cry now is “GET JABBED”. Let's hope that we in Central Qld can continue to enjoy our relative freedom from masks and lock-downs.*



*Ukulele Group  
having fun with Elvis*



*Thank you to all our  
volunteers. Receiving their  
Certificates of Appreciation*



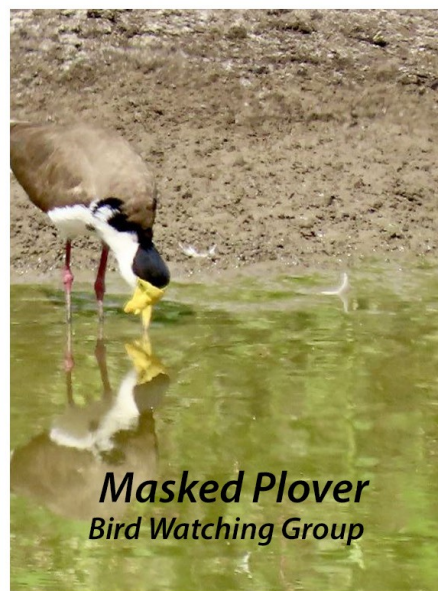
*Robyn Edwards  
our chief luncheon organiser  
with Santa*



*Photography Group*



*Garden Lovers Group  
Visiting a local garden*



*Masked Plover  
Bird Watching Group*

*For more information on the pictured groups above and many more please visit our wonderful webpage using the link found in the footer below. Hope you all have a safe Christmas and we see you all back in 2022. Our first meeting will be Monday, 7<sup>th</sup> February 2022 which will be followed by an Activities Expo.*

## **MANAGEMENT COMMITTEE 2021**

**President:** Maurice Dittmann 0407 679 271  
**Vice President:** Cheryl Wickes 0428 452 836  
**Secretary:** Lenore Cook 0749 267 499  
**Assistant Secretary:** Joan Cooper 0458 060 447  
**Treasurer:** Lenore Cook 0749 267 499  
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Volunteers Coordinator: Vicki Cope 0412 336 450

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Annual fee: (1<sup>st</sup> Jan. - 31 Dec. 2022) \$20.00

Mid year fee: - (1<sup>st</sup> July – 31 Dec.) \$10.00

Joining Fee (includes name badge): \$10.00

**Check out the Quarterly Flyer in colour:**

[www.u3arockhampton.org.au/images/Dec](http://www.u3arockhampton.org.au/images/Dec) 21.

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*Message from our  
President  
Maurice Dittmann*



*When Leslie gave me the due date to have this report completed, I thought, "Surely not – another year gone and Christmas already - please no!" But here we are, staring down the barrel of 2022. The Olympics in Brisbane are only ten years away, so keep up the training.*

*Queensland and our region have been fortunate, dare I say lucky, to avoid the scourge of Covid-19. But I fear that we may not always be so lucky. I urge all members to get the jab unless they have a medical reason not to do so. There are so many untruths on social media but all the statistics indicate that being vaccinated is in a person's best interests. Indeed, the history of pandemics and diseases clearly tells the truth.*

*U3A Network Qld has advised that we cannot legally introduce a "no jab – no attendance" policy*

*at present. But it may come to be in the future and no doubt the committee will have to grapple with the question then.*

*In October, the management committee held a morning tea for all the volunteers of U3A. This is a small token of appreciation to say "THANK YOU" for their invaluable support and donation of their precious time to keep our U3A operating at top speed, ensuring that the membership is able to enjoy facilities, fellowship and suitable activities. On behalf of the total membership, again I say, "THANK YOU."*

*Henry Cope and his organizing committee continue their planning of the U3A Network Qld State Conference 2023. You can get up-to-date reports at our general meetings and on our website.*

*Since the last Quarterly Flyer, we have received a grant of \$2000 from the Gambling Community Benefit Fund which was used to purchase a sewing machine, two overlockers and various other tools for the Days for Girls group activity. Christine Dobeles and I attended a morning tea in Yeppoon to formally receive the grant from Brittany Lauga. We also received a Stockland CARE grant of \$1000 which was used to fund a membership drive during October.*

*Also in October the safety management team hosted their first safety management workshop which was well attended by committee members and activity coordinators. The revised user-friendly risk assessment forms and standard covid-safe plans were introduced and discussed. No doubt a little more tweaking will occur.*

*Have you taken the time to visit the U3A Rockhampton website? If not, do it by going to the following link: <http://www.u3arockhampton.org.au>. Nick Quigley is showing the rest of U3A's in Queensland how to do it. There will be more developments soon, so make sure you visit regularly. Also, you will notice that there are new Facebook rules.*

*We have been fortunate to have had an array of interesting and informative guest speakers and I know that this will continue in 2022 under Alan Watts' supervision.*



*Continued next page*



*At the time of writing, Robyn Edwards and her team are busily preparing the Xmas lunch. Details will not make this Quarterly Flyer, but if you misbehave, you will be exposed in the next Quarterly Flyer for sure.*

*Please stay safe over the festive season. Be alert to, but not alarmed by, coronavirus warnings. GET THE JAB if you can, apply covid-safe practices and do not be complacent. I wish all our members a safe and healthy Xmas and a covid-free and prosperous 2022.*

*From one of our younger members:*

*"Being 20 in the 70's was much more fun than being 70 in the 20's".*

*Maurice Dittmann*



*Whose job is it anyway*

*This is a story about four people named Everybody, Somebody, Anybody, and Nobody. There was an important job to be done and Everybody was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it but Nobody realised that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.*

*Author unknown*



*They're Back! Those wonderful Church Bulletins! Thank God for the church ladies with typewriters. These sentences actually appeared in church bulletins or were announced at church services:*

*The Fasting & Prayer Conference includes meals.*

*Scouts are saving aluminium cans, bottles and other items to be recycled. Proceeds will be used to cripple children.*

*The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'*

*(Watch for more dotted throughout the Flyer)*



**Ms Kim Harrington, GCertMgt,  
BAAVTHRD(Hons), DipPM  
Associate Vice-President Rockhampton and  
Central Highlands Regions and VET International  
Business Development**

August 2021 saw a successful start to the Rockhampton First Nations Business Program. This program launched a bespoke business and entrepreneurship training program for Aboriginal and Torres Strait Islanders by the partnership of CQ University, Rockhampton Regional Council through their economic development arm and Advance Rockhampton.

CQ University also coordinated and hosted CQ Junior Robotics competition on 6 August in the Sports Centre. The competition was open to all primary and secondary school students within Central Queensland from Mackay to Bundaberg and out west to Longreach.

Following on with the robotics theme, we advise that a CQ University clinical project that uses electrical stimulation to improve the lives of those living with spinal cord injuries has been named a finalist in the Bionics Challenge 2021. Led by CQ University Lecturer in Neurological Physiotherapy Dr Vanessa Bochkezanian, the Electrical Stimulation (E-Stim) treatment aims to increase muscle mass, reduce spasticity and improve overall physical health.

In a clinical trial run by Dr Bochkezanian, the 12-week program involved using targeted electrical stimulation on patients for up to one hour twice a week. Dr Bochkezanian received a grant from SpinalCure Australia in conjunction with CQ University. The combined funds are currently being used to facilitate a pilot study which has already provided promising results.



**Continued over**

On the 8 and 9 September, CQ University Rockhampton City Campus hosted the Queensland Tourism Industry Council's Come 'n' Try Day – a regional tourism career road show for high school students and job seekers, showcasing potential career paths in the hospitality and tourism industry sectors. The event was a great success and finished with a Careers Hub and Industry Networking Event!

*The first Christmas  
I remember  
Judy Whitworth*



23 September 2021, End Loneliness Inc. officially launched into the Rockhampton and Capricorn Coast community. The Loneliness Project, an initiative of Kim Harrington, CQ University Associate Vice President Rockhampton and Central Highlands Regions, was endorsed and adopted by CQ University Rockhampton Region Engagement Committee (RREC). The RREC championed the Loneliness Project for several years until the inception of End Loneliness Inc. in March 2021.

The Loneliness Project "Empowering Connections - Ending Loneliness" Ms Harrington said loneliness doesn't discriminate. It can touch people from all walks of life, all socio-economic backgrounds and all ages.

It was with sadness that I share that our Chaplain Rev. Matthew Taylor relocated to Tasmania. Chaplain Matt connected and supported students at CQ University and Capricornia Students living in Capricornia College. Chaplain Matt was invaluable during his three year association with CQ University and we wish him the best in his new post in Tasmania. We welcome Bishop Peter Grice as the new Chaplain to CQ University to continue the important connection and support to students going forward.

I look forward to sharing more details about our upcoming events and activities in the first 2022 quarterly newsletter.

You can read up on these events, plus more in the latest edition of our FREE Be Magazine, to subscribe, please email [be@cqu.edu.au](mailto:be@cqu.edu.au)

I must have been very young. My uncle was 13 years older than I and was still at High School.

There was a pine tree set up in the breakfast room heavily bedecked with balls of cotton wool for snow. I didn't know what snow was!

They'd gone all out to make Christmas memorable for me during those endless war-time years. My great-aunt had made me a gollywog. Kinne must have spent the entire year in class making things for me. There was a pine table with two chairs painted blue, a laundry trolley with actual wheels, a wooden iron, also blue, made from wood off-cuts, to 'iron' the dolls clothes I washed. I think the iron thrilled me most of all. I later learned of his parents displeasure when they returned from a holiday to find the centre removed from one of their precious trees in the backyard. He didn't realise that it wouldn't regenerate.

There was a blue perspex plane hair clip and a bracelet, crafted from threepenny pieces, made by my father, who was serving overseas with the Air Force. Each coin was beaten into a concave and linked. On his return I was given one made from American coins and a grass skirt.

There were  
that tree that  
this is what I've



probably other things on  
marvellous Christmas but  
remembered over the 77-  
78 years. It's true that little things mean a lot!

***Punctuation is powerful!***

An English professor wrote the words: "A woman without her man is nothing" on the chalkboard and asked his students to punctuate it correctly.

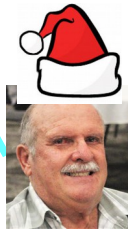
All of the males in the class wrote: "A woman, without her man, is nothing."

All the females in the class wrote: "A woman: without her, man is nothing."



## NICK'S TECH TIPS

Nick Quigley OAM



You have all heard of COVID-19. Well, just like a computer problem, this is creating scams too. So, from the horses mouth “**Scam watch**” has been receiving reports of scammers sending a text message or email stating that your vaccine passport is available. This is a scam. **Do not** click on any links and delete the message.

It's important to remember that all COVID-19 vaccines are free. Also, at this stage, the only way you can access your COVID-19 digital certificates online is via myGov or your Medicare Plus Express app. The government is **NOT** sending individual text messages about the availability of your certificate or passport.

Judy Blanchard, our Digital Skills group coordinator, <https://www.u3arockhampton.org.au/judyblanch.htm>, has had classes on accessing **myGov**. To start you in a helpful way this link will help you understand the process.

<https://my.gov.au/mygov/content/html/help.html>

Just because it is nearly Christmas your computer still requires your patience and care. When you need to turn it off, always go to **Start**, click on the power icon then click the 'Shut-down' icon. If you have files open, the shut down process will warn you that they are open. You have the option to go back and save your work or just force the shut down process. You may lose unsaved items.

During World War 2 my father was a 2<sup>nd</sup> Flight Officer and flew both C47 and Catalina flying boats. I tell you this because the Web holds a mass of knowledge. I have Father's flying log books and the registration numbers, so after some careful searching I found photos of the actual aircraft he flew in. His log book tells a story and although it is history now, it is only known by me. I'm sure many of you have amazing life stories and I think you need to write them down. Family photos need names on the back, dates and where they were taken. So in your life's diary you could add, with the help of the internet, little pieces of information. I don't know about your grandchildren, but I'm sure mine will start asking questions when I'm gone. You could leave your life history with a copy of your will.

Another day has gone by, what did you do yesterday?

I know, because I keep a diary.

If you own an iPhone the latest software is IOS 15.1 Android software is 12.0.0 and your Windows computer should be running Windows 10 Version 21H1 and very soon Windows 11 will be offered. However, I would suggest you don't update to W11 until the bugs are sorted out. If buying a new PC, the operating system will more than likely be Windows 11.

**Year 2022** is only days away. Keep safe, have a great Christmas and New Year and I look forward to seeing you all on the 7<sup>th</sup> February at the Activities Expo.

**Don't hesitate to ask if you have a problem.**



**Christmas a long time ago.**

*By Neil Quigley OAM*

On a farm in Clevedon, New Zealand

I was the eldest of four children; my brother was two years younger, first sister was four years younger and the little sister wasn't born for another 10 years.

We lived on a steep narrow gravel road and on a dairy farm in the country. We had tank water, a wetback wood stove for hot water and cooking. In the garden we grew all our own vegetables and grew our own sheep for meat.

From the dairy and the cows we produced cream and the pigs got the skim milk. We didn't eat pork; it was better to sell them as there was more money in pigs than sheep.

Our Christmas stockings were made from stock food Hessian bags and decorated with holly leaves and a few holly berries growing in the garden.

Now, as you know, Santa used to make his way into a house by coming down the chimney. So we hung our stocking close by. Santa loved a cold beer and a piece of cake so on the mantle piece over the fire we left a bottle of beer and a plate of cake. Then we all scurried off to bed.

Suddenly there was a huge commotion, people screaming and running about in the kitchen and dining room. We thought Santa may have caught our parents out of bed.

*Conclusion - next page*





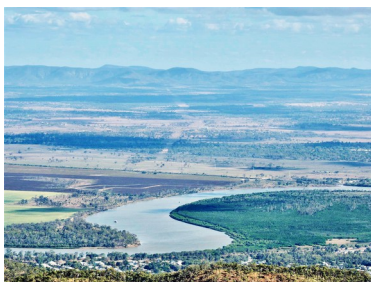
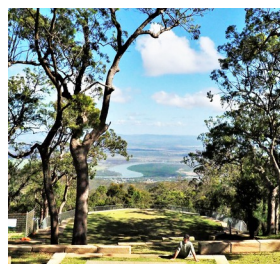


*Christmas long  
Time ago -  
continued*

Next day we learnt that it was worse than we had thought. The weather was cold and we had the fire going all day. Santa must have dropped something in the chimney which frightened a possum and it came scurrying out of the chimney, over the coals and into the kitchen. Black sooty, singed fur and not keen on being cornered.

Santa must have followed because our stockings were filled, the cake and the beer had gone and there were big black boot foot prints around the fire place.

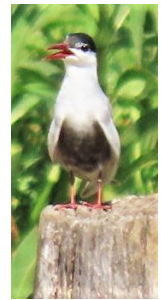
We never worked out how Santa got back up the chimney. Merry Christmas.



Here are a few pictures from Mount Archer where some of the U3A photography group went for an outing on August 12th. We all took our own afternoon tea and met and wandered around for about 2 hours enjoying and photographing the beauty that is Mount Archer. Heather Waring



## **BIRD WATCHING with Rod Elder**



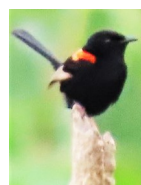
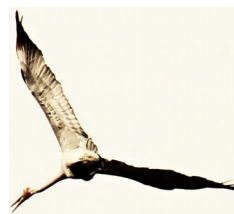
It was a great day for birding: - temperature 19 C overnight and 30 C maximum, medium winds and some cloud.

We took chairs and were able to sit in one very shady spot near the old Tropic of Capricorn marker. Although the water had dried up, there was a broad expanse of green vegetation across the Woolwash bed.

After an hour we moved further along the Woolwash back towards Rockhampton where there was still water and shade and as a result, we saw a different cohort of birds, again while sitting and consuming our morning teas. We all had binoculars and were able to see every bird. Ian, who is fast becoming our resident photo recorder, took some excellent photos. The telescope facilitated viewing of the Channel-billed Cuckoo which sat some time in a distant tree for us.

Birds were identified as - Masked Lapwing, Whiskered Tern, Channel-Billed Cuckoo, Sacred Kingfisher with wing outstretched, Sacred Kingfisher, Brolga, Red-Backed Wren, Golden-headed Cisticola

Highlights were Channel-Billed Cuckoos, which had only recently arrived from their winter northern migration. There was even a Brolga and Pelicans soaring overhead. Golden-headed Cisticolas flew around the low vegetation. They are common in grasslands but probably have not been seen before by the group.





### ***Saturday Walking and Chatting Group***

Please note every Saturday from now and including 26th February (except 25th December and 1st January) we will meet at 5.50am at Queens Park, Glenmore Road. We will start our walk at 6am. Today we walked through Kershaw Gardens and back over Alexander Bridge (Railway) to Poppy Cafe at the Rockhampton Memorial Aquatic Centre.

The beauty of meeting in Queens Park is that we can decide on the morning which way we will walk.

If you would like to join us and have a say in where we will walk, please feel free to do so. We all enjoy our time together and if you would like to join us for coffee/tea after our walk, you are most welcome.

Ring Christine Dobeles on 49261 845 for details.



### ***Church Bulletins***

**Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.**

**Don't let worry kill you off - let the Church help.**

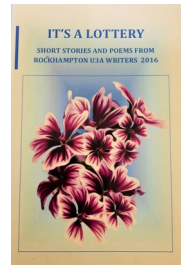
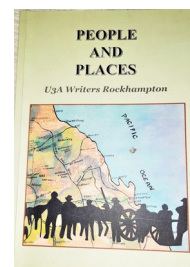
**Miss Charlene Mason sang, 'I will not pass this way again' - giving obvious pleasure to the congregation.**

**At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.**

***Books and CD's for sale. Produced and compiled by our very talented U3A members.***

***(First a few words from Rita Diplock (the author of the very sad and beautiful poem "The Diggers Dog").***

"As the Brisbane Ekka was cancelled due to Covid last year, it was decided to do an online Virtual Bush Poetry competition and I was sent an invitation. I entered and to my surprise and delight was awarded 2<sup>nd</sup> prize, so this year I again entered the Virtual Bush Poetry competition and was awarded 3<sup>rd</sup> place for 'The Digger's Dog'. Regards, Rita"



These would make great Christmas gifts.

The stock is winding down, so if you would like a copy, it would be a good idea to order by giving Judy Whitworth a call on 0748 366 133.

Prices are \$12 for "Mayhem, Mysteries & Memories" and \$5 each for "It's A Lottery" and "People And Places". There is a special Combo price of \$15 for a copy of "Mayhem, Mysteries & Memories" plus a copy of "It's a Lottery" or "People and Places". These will also be available for purchase at our next meeting on 13<sup>th</sup> December.

Rita's CD "In My Own Write" is being sold at a reduced price of \$15.00 and can be ordered directly from Rita on 0427 449 517 or myself (Leslie) 0419 179 133







## *A Christmas Story*

Rodger Williamson © Dec2018

Rain, Rain, Rain: it had been raining each day of the past week.

I was wearing what used to be a “good thick coat” which was often admired by passers-by. But now my coat was dripping water and had a particularly bad smell. People passing by were looking in horror and some who got too close wrinkled their noses in disgust.

Due to unforeseen circumstances beyond my control, I had been on the city streets now for several weeks, scrounging food from wherever I could, and sleeping in what little shelter I could find. I had given up the suburban streets because of being constantly chased by protective dogs, who resented anyone trespassing into their perceived domain.

Today, the downtown streets were quite busy with people doing their last-minute shopping. I had been on the go since early this morning and so, upon finding a dry corner in an empty shop doorway, I settled down to rest and await the crowds leaving the restaurants and cafes in the early evening.

Some time later, my thoughts of food were interrupted when a man standing on the footpath called out and beckoned me to come out from my seemingly safe corner. I came out onto the footpath expecting to be chastised and told to move on but, to my amazement, this man seemed friendly towards me even in my state of disrepair. So, after beckoning me to follow him, I suspiciously tagged along, keeping a little distance behind, just so he wouldn't smell me and chase me away.

We walked for a couple of blocks until finally turning into a yard festooned with coloured winking lights. As we approached the house, he guided me into a car port. “Right old fella,” he said “let's be getting you cleaned up before I take you inside to meet my family.”

I was already wet so that when he introduced the soap and water, it didn't overly worry me. Producing an old towel, he helped me to dry off. Using a hair dryer and brush I was soon all dry and spick and span.

Taking me upstairs he led me through the rooms. Urging me forward - for I was still a little nervous - we entered in to what seemed to be a family room. I saw a large Christmas tree surrounded by gaily packed presents. Leading me forward, he said to a lady and two small boys, “Look what I've brought you for Christmas.”

With shrieks of delight the two youngsters ran over and started to pat me and talk to me. “Let's call him Bob,” they cried out. “Hey, wait a minute,” the man said, “let's take him into the kitchen and find him something to eat. He's very thin and must be very hungry.”

That was to be the first of my many Christmases with the Wellings family – my family, where I first experienced the love of Christmas.



*More of those hilarious church bulletins*

**Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones**

**Please place your donation in the envelope along with the deceased person you want remembered.**

**The church will host an evening of fine dining, super entertainment and gracious hostility.**

**This evening at 7 pm there will be a hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.**

**The eighth-graders will be presenting Shakespeare's “Hamlet” in the Church basement Friday at 7 pm. The congregation is invited to attend this tragedy.**

**The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast next Sunday.**

**Low Self Esteem Support Group will meet Thursday at 7 pm. Please use the back door.**



*Three reports from our  
hardworking  
Group Co-ordinator  
Alan Watts*



## **FINANCIAL DISCUSSION GROUP**

Since last issue we have had two meetings.

At the October meeting, we had a guest speaker, Shannon Medlin from Medlin Wealth. He answered group members' questions that had been collected at our previous meeting. These included: What do financial planners do? How would you define risk? What is a risk profile? and the three investment areas of cash, property and shares. Shannon also answered questions asked on the day. It was a very informative meeting.

In November we discussed: "What I know now that I wish I had learned at school about saving, budgeting and money management." It was interesting to hear from group members on their experience on all of these. Even though it was "back to basics", the importance of passing this information on to our children and grandchildren was mentioned. I have sent the notes which I used for this to Nick for the U3A website.

To find them look under Groups and then Financial Discussion Group.

Our group will not be meeting in December and January.



## **POETRY FOR LEISURE GROUP**

Topics for Sept. Oct. and Nov. were: my mother, reverse poems and Christmas poems.

I stumbled upon reverse poems when I asked my friend Mr Google about poems that tell an opposite message when read from bottom to top than they do read from top to bottom. If you would like to check out an example of this form of poetry, google "Poem Pretty Ugly" or just google reverse poems for more examples.

Our group members all googled reverse poems and brought others along to share. One member, Maree White, was brave enough to attempt writing one.



## **GUEST SPEAKER REPORT**

What a privilege it has been to find guest speakers of such quality for U3A meetings.

Since I took on the role, we have had Tony Moore from our U3A Drama group, Elaine Jones from Capricorn Citizen Advocacy, Kate Richardson from Activate Health, Mal Holmes from Rockhampton Foodbank, Donna Kirkland from Rockhampton Regional Council, Rex Boggs speaking on "How to get Fab Photos from your Mobile Phone Camera" and Jan McSweeney from Neighbourhood Watch. Our December speaker will be Peter Brown from Queensland Rail.

Some of these speakers were arranged prior to my taking over the role and I thank those who organised these. I am grateful to each of these speakers for giving up their time in preparing and giving their talks.

We were also privileged to have a last minute additional speaker at our November meeting - Doctor Nicholas Smoll, Senior Medical Officer at Central Queensland Public Health Unit to discuss the Covid-19 situation and importance of getting double vaccinations prior to the opening of our borders which will bring in people from interstate and overseas.

If re-elected to continue in the role next year, I have some speakers in mind already. If you have any suggestions for me of future guest speakers, please let me know.

(Mobile 0411469463, Email - supabanka@hotmail.com )

## **NOT EVERYONE CAN READ THIS**

Fi you can raed this, you have a sgtrane mnid too. I cdnuolt blveiee that I cluod aulacity uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in waht oerdr the ltteres in a wrod are, the olny iproamtnt tihng is taht the frsit and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it whotuit a pboerlm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Azanmig huh? Yaeh and I awlyas tghuhot sipeling was ipmorantt! If you can raed tihs share it.

Olnhy 55 plepoe out of 100 can.

*(Couldn't resist sharing this – again something found on the net. Editor Leslie)*



### *GARDEN LOVERS with Joan Cooper*

In September the Garden Lovers group visited a spectacular private garden in Norman Gardens. The things people manage to do with a normal house block are truly amazing. As well as a tour around the garden, the owner showed us how to divide bromeliads and gave us lots of information about what potting mix to use. Thanks to the large number of members who came along and helped make it a very enjoyable morning.

In October we were escorted around the Rocky City Council Plant Nursery and gifted a plant at the conclusion.



*With Christine  
Dobe  
4926 1845*

### **Days For Girls**

Hello. We were very fortunate to secure a \$2000 grant this year. This has allowed us to accomplish so much more in the two hours we meet.

No experience required. We are a lovely group of very welcoming ladies. Please feel free to join us.

Contact me if you have any questions.



### *A CASTOR OIL CORDIAL CHRISTMAS*

*Phil Morisette*

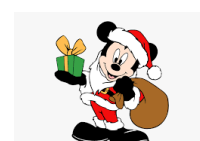
It was Christmas 1947. I was a four and a half years old. I was on the loo and noticed something was not normal. I was fast-tracked up to the (old) Mater Hospital where I was operated on for a tumour of the bowel.

Being hospitalised over Christmas tends to stick in one's memory.

In recovery, I shared a dormitory. One of my aunts (my mother's older sister) dressed the full part of Santa to the enjoyment of the other patients. I distinctly remember two stuffed toys which I had taken with me to keep my spirits up after the op. One was a Mickey Mouse just as we still see him by Walt Disney and an upright jumbo with long black and white chequered pants.

To assist in my recovery, I was required to consume castor oil "to keep things in motion".

The main stair case at the original Mater building is another strong memory together with the tiled floor. I was promised that I would never have to suffer this problem again. I continue to offer thanks that this promise continues to be honoured.







**Ukulele Group**  
Contact  
Barry Lloyd  
4926 4654

**Current Affairs  
Discussion Group  
With  
Lance Cowan**  
0497 575 231



The U3A Ukulele group doing what they do best: entertaining the residents of Fitzroy by Teman at their Spring Time Ball evening event.

A great afternoon was had by all residents and our ukulele group thoroughly enjoyed themselves.  
"Elvis lives"



As part of the October Seniors month, Cheryl Wickes, our Vice President, utilised a \$1,000. Stockland CARE grant and organised three successful pop-up stands, one at Stockland and two at Allenstown Plaza. The new banners looked great and we are very grateful to Stockland for their support. Also a big thank you to our U3A volunteers for manning the stands.



Thanks for the opportunity to promote our group. We regularly get more than 10 persons attending and in October we had 14 present. If the number increases further, I will have to consider 2 sessions. Some of the topics discussed are listed below:

- Have the Radio TV and Press Journalists reported the Covid 19 border restriction changes by the new NSW Premier honestly ethically and without prejudice?
- How do you feel about the Voluntary Assisted Dying legislation recently passed by the Qld Parliament?
- Will 2050 Zero emissions target be a good thing for Australia ( Prime Minister Quote) and What jobs will green energy create (Opposition Leader Quote)?
- How will the Hospital and Medical services cope without extra funding once borders open?
- Should the Australian Government recognise the Taliban as the Government of Afghanistan?
- How dependent is our society of today on Volunteer-ism?
- Should professional sports persons be given favourable treatment related to Covid 19 regulations?



### **The last of the Church Bulletins**

**Weight Watchers will meet at 7 pm at the First Presbyterian Church. Please use large double door at the side entrance.**

*And this one just about sums them all up -*

**The Associate Minister unveiled the church's new campaign slogan last Sunday: 'I Upped My Pledge - Up Yours.'**





*A few last words from our  
Publicity Officer  
Peter Riddle*



The first general meeting of 2022 will be followed by an **Activities Expo on Monday 7<sup>th</sup> February** at the Frenchville Sports Club. The Activities Expo will commence directly after the meeting at approximately 10.00 am and continue until about 1.00 pm. The Activities Expo will provide an opportunity for the various activity groups to showcase what they do, answer any enquiries and allow members and visitors to sign on to one or many of the varied activities. Morning tea will be available for members and visitors.

Anyone who has had any experience with the media or public relations should think about being the Publicity Officer next year. Through my lack of experience, there are many opportunities that I may have missed.



*News from the Frenchville Club*

CONTRIBUTING OVER \$1 MILLION TO  
OUR CQ COMMUNITY *every year*



Jann Houley from The Frenchville Club is gathering data for the 50<sup>th</sup> anniversary of the club. Jann is looking for old photos, articles, wedding celebrations etc and would be keen to talk to people about their Frenchville experiences. More information will be coming soon.



**BUT WAIT... THERE'S MORE!**

**Our Seniors deserve the best**

**so we're extending  
the 20% Senior Card  
discount on Mondays  
to cafe items as well  
as the bistro.**



  
FRENCHVILLE  
SPORTS CLUB

