

*We are walking on a slippery tight rope with Covid. To raise spirits I hope you enjoy this edition of the Quarterly Flyer. Continue to enjoy relative freedom in Central Queensland by keeping your defences up, having the jab and obeying Qld Health rules.*



*Just a few of the lovely desert roses admired on a May visit with the Garden Lovers Group to Debbie's Desert Roses in Gracemere.*



## MANAGEMENT COMMITTEE 2021

**President:** Maurice Dittmann 0407 679 271  
**Vice President:** Cheryl Wickes 0428 452 836  
**Secretary:** Lenore Cook 0749 267 499  
**Assistant Secretary:** Joan Cooper 0458 060 447  
**Treasurer:** Lenore Cook 0749 267 499  
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**Volunteers Coordinator:** Vicki Cope 0412 336 450  
Welcome to our new Vice President - Cheryl Wickes



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Annual fee: (1 <sup>st</sup> Jan. - 31 Dec. 2022)	\$20.00
Mid year fees - (1 <sup>st</sup> July – 31 Dec.)	\$10.00
Joining Fee (includes name badge)	\$10.00

**Check out the Quarterly Flyer in colour:**

<http://www.u3arockhampton.org.au/images/Sept21.pdf>

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**From the Presidents desk  
Maurice Dittmann**



The year tends to race by, and no doubt we will be talking Christmas very shortly. I was recently reminded that life is like a toilet roll – the nearer we get to the end, the faster it goes.

I am pleased to report that Cheryl Wickes has joined the management committee as Vice president. Cheryl is relatively new to U3A and comes from a publishing background, which I am sure, will prove most useful to our association. It is disappointing that the committee is still seeking a Social Coordinator. However, we have been treated to some pleasant social activity organised by Robyn Edwards. Regrettably, Phil Morissette has decided to take a break from formal committee duties. Phil has been in several roles over his terms in office, including Vice

President, President and more recently, Activities Manager. On behalf of all U3A, I thank Phil for his valuable contribution and dedication to U3A. He will no doubt be called upon from time to time to assist us. So that's another position to fill.

In mid June U3A Network Qld accepted our offer to host the U3A Network Qld Annual Conference in 2023. While this seems a long way into the future, U3A Rockhampton has started preliminary planning already. Henry Cope has been appointed Chair of the Conference 2023 sub-committee. If you would like to be involved, you are welcome to join in at the conference subcommittee meetings. This is a wonderful opportunity to showcase Rockhampton, Central Queensland and more importantly, U3A Rockhampton.

At our August general meeting, the management committee proposed that the annual membership fees be increased from \$15 to \$20 per annum commencing from 1 January 2022, with the joining fee to remain unchanged. The fees have been set at \$15 for many years and whilst our financial position is healthy, the committee resolved that our reserves should not be used but kept for that rainy day – or Covid year. U3A Rockhampton's fees are among the lowest in Queensland. Members voted in favour of the increase.

During the course of preparing forward budgets, treasurer Lenore, calculated that the savings by using the facilities provided by the Frenchville Sports Club, amounts to at least \$8,400.00 per year. Based on our present membership that saving is equivalent to approx \$20.00 per member per year.

We have also listened to our membership and worked hard to make our safety procedures more user friendly without losing the integrity and intention of the safety management plan. We have rejigged some forms commonly used by activity co-ordinators to make them less onerous and time consuming. Co-ordinators and committee members will be invited to attend safety management workshops in the near future. I encourage all those invited and any other member who is interested, to attend.

Our membership number currently stands 433. We are gradually working our way back to pre-Covid numbers. We will be conducting a membership drive over the next month or so using a grant of \$1000.00 received from Stockland Shopping Centres. I look forward to welcoming new members and encouraging present members to get involved in your U3A.

**Remember :**

*You don't stop laughing because you grow old,  
You grow old because you stop laughing*







*Ms Kim Harrington, GCertMgt, BAAVTHRD(Hons),  
DipPM*

**Associate Vice-President Rockhampton and  
Central Highlands Regions and VET  
International Business Development**

Rockhampton's Beef Australia national exhibition of beef events in May 2021 (3-7 May) was a busy time for our students and staff, highlighting CQUni Agriculture study and research options available, together with our cutting-edge agriculture technology. This event is held every three years. We had expert agriculture academics and staff to answer everything required to know in commencing agriculture study. This year's CQUniversity Beef Australia Symposium was focused on the importance of strong leadership, which included keynote speakers discussing their individual experiences, knowledge and wisdom. Our presentation 'Embracing Change: Preparing Young Beef Leaders for an Innovative Future' was also well attended. We also offered the opportunity to undertake a property tour at CQUniversity Belmont Research Station at Etna Creek.

CQUniversity launched an information session in May for school leavers to learn more about the study and practice of medicine. From Term 1, 2022, CQUniversity's Bachelor of Medical Science (Pathway to Medicine) will be available to school leavers. A limited number of places will be available for students in Rockhampton and Bundaberg (20 places in each location), successful applicants will be provided a provisional direct entry pathway into The University of Queensland's regionally based Doctor of Medicine program.

CQUniversity Sports Stadium (Rockhampton Campus) hosted a Mega Career Expo on 13 May. This Mega Career Expo was made possible by CQUniversity, with financial support from Rockhampton Regional Council through Advance Rockhampton office towards the Capricorn MEGA Careers expo for set up & fixtures of

stall holder booths and from the Rockhampton Manufacturing Hub for industry networking breakfast and stall holder exhibitor lunches. This Expo event was attended by 1100+ year 11 and 12 students, which ran from 9:00am to 2:30pm. Students had the opportunity to talk with approximately 50 stall holders from across a wide variety of employment sectors. We welcome and thank the joint partnerships of our contributing partners, together with the stall holders for their time, industry knowledge and insight to their sectors for students.

I look forward to sharing more details about our upcoming events and activities in the next quarterly newsletter.

You can read up on these events, plus more in the latest edition of our FREE Be Magazine, to subscribe, please email [be@cqu.edu.au](mailto:be@cqu.edu.au)

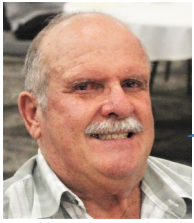


### Plane English

Eye halve a spelling chequer  
It came with my pea sea.  
It plainly marques four my revue  
Miss steaks eye kin knot sea.  
Eye strike a key and type a word  
And weight four it two say  
Weather eye am wrong oar write  
It shows me strait a weigh  
As soon as a mist ache is maid  
It nose bee fore two long  
And eye can put the error rite  
Its rare lea ever wrong.  
Eye have run this poem threw it  
I am shore your pleased two no  
Its letter perfect awl the weigh  
My chequer tolled me sew.

Sauce Unknown

*Just for fun found on Facebook*



## NICK'S TECH TIPS

Nick Quigley OAM

At our last meeting in July our President asked me to assist the Frenchville Staff at the front door to register all those attending the meeting. I got all kinds of excuses – “Oh I left my phone in the car”, “I don’t have a phone”, “I’ve never had to sign in before, my phone is flat”. It was amusing, but I was deadly serious. No one was going past me without either scanning the Covid App Qcode or registering manually with staff.

So I thought if one of our oldest members can use her mobile to scan the Qcode why can't others. So I checked at the post-office to see what smart phones were on offer. I’m sure there are many other phone suppliers, but the Post Office was offering a Telstra Essential Smart 3 phone in the Android category with access to 1000s of Apps through the Play Store and at the time was selling for \$69. Covid signing in is so simple with a smart phone !

As you know the World of TV, Radio, The Press and everyone you meet, are all talking Covid19. *Have you had both your Astra Zeneca Jabs ?*

Windows is about to bring out another update called Windows 11. Microsoft assumes that everybody has the latest hardware. So I would generally say to you that if your present computer is more than 3 years old I would put off doing the update until all the bugs have been sorted out. Most computers should now be running Windows 20H2 and in some cases 21H2. To find out what your computer is running, at the bottom left corner of your screen you should see a spyglass and or a typing window. Type in **WINVER** and enter, a window will open telling you what version of windows you are working with.

At times when turning your computer off a message will pop up saying “update and shutdown or update and restart” Don't manually turn off the computer at the wall during this process. If you interrupt the update you may find your computer will stall and you will need help.

Now a little for our **Apple** iPad and iPhone people. For the protection of Apple customers, Apple doesn't

disclose, discuss, or confirm security issues until an investigation has occurred and patches or releases are generally available.

The latest version of iOS for **iPhones** and **iPadOS** is 14.7 on 21 July 2021 and should be done as soon as possible to keep your Apple device safe. Later in the year Ver IOS 15 will arrive to fix bugs. The latest version of **macOS** is 11.5 on 21 July 2021. For all Apple devices see this site <https://support.apple.com/en-us/HT201222> for the latest upgrade software

**Android** Phone and device users should be using Version 11 software

The 3 Tech Troubles volunteers have been busy every week helping clients with some, at times very tricky problems, but most have been fixed successfully

**Stay Safe** and don't hesitate to ask if you have a problem.



## **An amusing technical support message found on the net.**

A young woman who submitted the tech support message below (about her relationship to her husband) presumably did it as a joke. Then she got a reply that was way too good to keep to herself. The tech support people's love advice was hilarious and genius!

### **THE QUERY:**

Dear Tech Support,

Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and noticed a distinct slowdown in overall system performance, particularly in the flower and jewelry applications, which operated flawlessly under Boyfriend 5.0.

In addition, Husband 1.0 uninstalled many other valuable programs, such as Romance 9.5 and Personal Attention 6.5 and then installed undesirable programs such as: NBA 5.0, NFL 3.0 and Golf Clubs 4.1. Conversation 8.0 no longer runs, and House Cleaning 2.6 simply crashes the system.

Please note that I have tried running Nagging 5.3 to fix these problems but to no avail. What can I do?

**Signed: Desperate.** (See next page for reply)

### Reply from the Tech Support Team:

**Dear Desperate,**

First keep in mind, Boyfriend 5.0 is an Entertainment Package, while Husband 1.0 is an operating system. Please enter command: 'I thought you loved me.html' and try to download Tears 6.2. Do not forget to install the Guilt 3.0 update. If that application works as designed, Husband 1.0 should then automatically run the applications Jewellery 2.0 and Flowers 3.5.

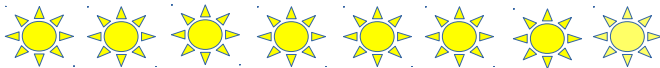
However, remember, overuse of the above application can cause Husband 1.0 to default to Grumpy Silence 2.5, Happy Hour 7.0 or Beer 6.1.

Please note that Beer 6.1 is a very bad program that will download Snoring Loudly Beta version.

Whatever you do, **DO NOT**, under any circumstances, install Mother-in-Law 1.0 as it runs a virus in the background that will eventually seize control of all your system resources. In addition, please do not attempt to re-install the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend Cooking 3.0.

**Good Luck ..... Tech Support Team.**



**Frolics at a morning tea get together**



Many thanks to Robyn & her sidekick Judy for a very enjoyable outing at Queens Park. Our day started with a chat & morning tea. Then the girls had us all up & moving to find the coloured rocks. The boys did a great job of cooking the bbq & the girls did a great job of serving us lunch

What would a bbq in the park be without a game of "two-up", so hands on heads & butts to decide the winner. Our budding basket ballers showed their prowess at the hoop! Our afternoon finished off with a delicious chocolate ice-cream. A thoroughly enjoyable day enjoyed by all. Thank you to Yeppoon members for joining us for the day.



### **Saturday Walking Group**

For those early risers who enjoy morning walks with chats. We meet at 6.45 am every Saturday. The first walks in July were from Queens Park and across the Railway Bridge with a stroll by the lovely Fitzroy River.

During August we met for a walks through Kershaw Gardens (the Charles Street entrance). For September please check with Christine. Well behaved dogs are welcome (with doggy bags!).

The photo is our first walk beside our beautiful Fitzroy River.

If you would like to join us please contact Christine 4926 1845



### **Armchair Travel with Judy Trinder**

Refusing to be daunted by Covid – armchair travel has been enjoying the pre-covid travel experiences of our members.

We have been to NZ, the Harbin Ice and Snow Festival in China, Colombia, Estonia, and a farm stay in Queensland, with more exciting places to visit for the rest of the year.

I travelled home to NZ in 2019 and spent 10 days driving around the North Island with friends from the UK. We visited Waitomo Caves, passed by Mt Taranaki (Mt Egmont), stayed in Napier and Gisborne, then on to the Bay of Plenty – Mt Maunganui. We stayed at Lake Taupo and even had a boat trip on the lake. The last few days were spent on the Coromandel Peninsular before returning to Auckland.



Patricia Davey visited China to take in the wonders of the Harbin Ice and Snow Festival. It was a fairyland of huge ice sculptors and light shows and her photos gave us a taste of the magical wonderland. It takes 16 days with thousands of workers to set up and runs for over two months from late December to late February, so lots to see. (See picture at start.)

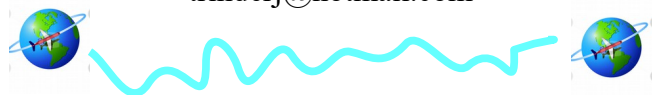
Colombia was our next destination delivered by guest speaker Ruth Forbes. Ruth travelled to Columbia in 2013 and spent many weeks spending time with locals, staying in 0 (yes nought) star accommodation, using local transport and exploring places many tourists would not see.

Judy visited Estonia in 2003 and 2014. Tallinn is the capital and the central town is a heritage listed site, a very special place. We also travelled to Vormsi an island where Estonians have summer holiday properties and Rakvere a big town 100 km in the opposite direction from Tallinn so saw some of the countryside. It is very green, lots of trees and relatively flat.

Mind the Farm was presented by Joan Cooper who stepped in for Elaine Ross (who was ill). It was spring so lots of lambs, chickens, ducklings and calves. Looked like a wonderful place to stay and relax but there was a lot of work involved feeding the animals and other farm chores. The tilt train passes by the property so Elaine and Joan parked their ute and waited so they could wave to Maurice and Joyce on their way to Brisbane.

We have lots more interesting places to visit for the remainder of 2021 so if you love to travel you are very welcome to join our group and maybe share some of your interesting past travels.

Contact Judy Trinder on 0457 712 978 or  
trinderj@hotmail.com



### Days for Girls

The 3<sup>rd</sup> Monday of every month making those essential sanitary items for ladies living in remote areas of the World.

If you would like to join us please phone Christine 4926 1845



### *Guest Speaker report by Alan Watts, Coordinator.*



In June, our guest speaker was Elaine Jones, an Advocate and member of the Management Committee from the Capricorn Citizen Advocacy. Elaine discussed advocacy for people with disabilities who are often disadvantaged, devalued, vulnerable and socially isolated. Elaine explained, not only the work that volunteer advocates do, but how rewarding it is personally. It was very interesting and a topic which many of us knew little about.

In July, we had the pleasure of having Kate Richardson as our guest speaker. Her topic was "Activate Seniors- Keeping Active and Preventing Disease". Kate is an Accredited Exercise Physiologist from Activate Health. Their team are passionate about ensuring everyone can enjoy being active, with ideas discussed for every age, ability, and disability.

Kate covered ways you can access specialised Exercise therapy on approved care plans through Medicare bulk billing, DVA, private health schemes, the NDIS and home care packages. This allows people to be empowered for getting and staying active for improved health, increased ability, and improved quality of life. She interacted well with us all through her presentation and kept everyone's interest.

Our speaker for August was Mal Holmes from Hands of Compassion World Aid Inc, better known as Rockhampton Food Bank. Mal brought along a sample basket of foodstuffs to show the variety of products that can be selected from their shelves which he kindly donated for a raffle prize at the end of our meeting.

Rockhampton meat works, fruit and vegetables are bought directly from local farmers. All money spent at the facility pays for overheads and purchase of other food items. The staffing is voluntary.

Each of these speakers were well received and answered questions from our members



## **HOW MUCH IS U3A WORTH ?**

How much is U3A worth?

Is it fifteen bucks a year ?

It's been that for a decade now,

Or that is what I hear.

That covers our insurance  
And the Uni bursary,  
Our meetings at the Frenchville Club  
Coffee, biscuits, cups of tea.

There is storage at the Uni  
And the journal printing too  
There is postage and the other costs  
For all the things we do.

The other Queensland U3A's  
Charge up to thirty five.  
We've kept ours low for many years  
And managed to survive.

But costs go up as you well know,  
And now the time has come  
To raise our fees for U3A  
But not by a great sum.

We'd like to now charge twenty  
bucks.  
That covers for a year.  
That's less than two bucks every  
month  
For all we offer here.

If you attend twelve meetings  
And partake of morning tea,  
That's cheap as chips, I reckon  
And I'm sure you'd all agree.

Not only that, we offer  
Activities galore.  
As time goes by, I've noticed  
That we offer more and more.

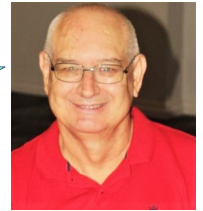
And as a social outlet  
Your needs are now well met  
It's well worth twenty bucks a year  
For everything we get.

Alan Watts 2/7/2021.

***Thank you Coordinator's  
for your contributions.  
Keep them coming I am  
collecting for the December  
Issue now. Leslie***



## ***Poetry for Leisure With Alan Watts***



Poetry for leisure has continued over the past 3 months without our long-term faithful member, Keith Bambrick, who passed away in May. We continue each month, sharing poetry that we have composed also compositions from other poets. Though small in number, each member gains enjoyment from share in this group.

Each month we set a topic or topics to write on and share our efforts at the next meeting. Our topic for June was "What is poetry?". In July we had "The Good Old Days", "Getting Old" and "When Holden Ruled The Roads". In August the topics were "After Covid's Over." and "My First Car."

It is always interesting to hear the different perspectives on the same topic. They also generate a bit of discussion around the table. This helps in getting to know each other better, as we all have different experiences of living through the same times.

If you have an interest in poetry, even if you don't think you can write it, come along with other's poems from books or other sources and share with us.

We meet in The Glass Room at the Frenchville Club on the fourth Tuesday of each month from 9-15 to 11-15 am. All are welcome.



## ***Ukulele report by Barry Lloyd***

Our group is steadily growing and enjoying the music and comradeship. We have welcomed another two new members into our group this week, thanks to Rhonda for her involvement.

We have three public performances planned for September, RFDS morning tea, "Spring Ball" at Fitzroy by Teman and "Spring Has Sprung" at Talbot Estate.

Rockhampton U3A Ukulele Group spreading the music.



## GARDEN LOVERS With Joan Cooper



May saw the Garden Lovers visiting a private collection of Desert Roses and gaining lots of information on the care and propagation of these plants (see front page) from Debbie Heinemann 0429 721 456.

In June Lloyd, from Younger's Native Bees gave us a very informative talk. This subject was very popular with our members. (Lloyd Younger 0437 727 657)

July was again a visit to a private garden which the owners had developed from bushland to an amazing garden of many different plants.

In August, Sam from CQ Hydroponics, Gladstone, will come up to tell us all about starting up our own hydroponic garden. Anyone interested in joining our outings will be very welcome.

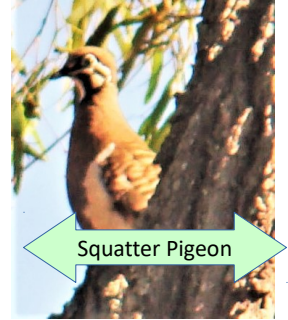
Joan Cooper 0458 060 447

Email: [joanc25@bigpond.com](mailto:joanc25@bigpond.com)



(Lloyd Younger talking revealing the secrets of Native Bee keeping)

## BIRD WATCHING With Rod Elder



We had perfect weather for our trip to Peter Wilson's property at Stanwell. Peter had mowed a strip through adjacent bushland making access much easier and no muddy feet (as experienced on our June excursion to Mt Etna National Park). The mown strip provided access to view more bird species.

The collage is an amalgamation of the birds viewed at both Mt Etna and Stanwell.

We were lucky enough to sight a pair Tawny Frogmouths. Frogmouths hide in plain view. They stand with their heads held up so that they look like a piece of a branch. We also saw a Squatter Pigeon which is a species in decline.

Red-winged parrots, Apostle Birds, Double-barred finches, Rainbow Lorikeets, Sulphur Crested Cockatoos and Noisy Miners gathered around Peters feeding stations amusing us with their activities while we had morning tea. A female Mistletoe Bird came down into a small bush beside our group displaying her red, white and black plumage and very short tail. She was much admired.

Our next meeting on **Wednesday, 13th October**, we intend visiting the Woolwash lagoon and surrounds, just south of Rockhampton on the old main highway.

**For more information ring Rod Elder 49284383**





(A lovely story written by Joan Brown. Joan is a member of the **Writing for Pleasure Group** which is co-ordinated by Judy Whitworth. If you would like to explore your writing skills give Judy a ring 48 366 133)

### **WHERE DID I COME FROM?**

My Mother was a street urchin. She never knew a home or love by any person. She didn't remember her parents. She lived by begging or stealing food from the back doors or bins of a number of restaurants in town. At a young age she lost her virginity and became pregnant after a one-night stand.

Luckily she was picked up by a kind person and taken to a home in West Rockhampton where she was given a cosy corner in a large room with a number of pregnant females.

When my brother and I were born (I vaguely remember a sister, but I don't know what happened to her), our Mother took good care of us. At about six or seven weeks old, we were taken away from our Mum and put into a place with lots of other babies. I was very scared and I cuddled up to my brother. We never saw our Mother again. I don't know what happened to her.

After a few days, a man and woman came to look at all us little ones.

They wanted to adopt a baby. The woman said she wanted a baby with red hair. My brother and I were the only ones with red hair and she chose me. She didn't know at the time, her husband would have taken both of us.

They bundled me up and put me in their car to drive to their home. It took a long time to get there and I was very sick and frightened. I've hated travelling in the car for my whole life. We finally came to their home and I was put into a cosy bed to sleep after a big drink of milk.

So began my new life as a big, spoilt, much-loved ginger cat.



With Judy Sutton  
4928 1756

### **FRIDAY MAHJONG MID-YEAR LUNCH**

Friday Mahjong Players enjoyed a very pleasant lunch at the Lionleigh Hotel on Friday 4 June.



We have welcomed lots of new players this year who are all enjoying playing Mahjong. We meet every Friday afternoon at Fitzroy by Teman Village (previously Settlers Village). New players welcomed.

*I thought this would be an ideal spot to pop in the collage of happy monthly lunch goers organised by Robyn Edwards*



Leslie Smith  
Flyer Editor



*Christmas in July luncheon*



*Here is a clever poem submitted by Peter Wilson who is a regular participant with the Writing for Pleasure group.*

Wall Paper Poem

When the **rock** flowed free and red,  
It formed in **layers**, now stone dead.  
It flowed from here **it flows** from there,  
Forming wedges that rain **wash** bare.  
Soft the water, to rush '**ore** stone,  
Bold and fluid in channels **moan**.  
Still I'm running wild and free,  
Clean your form for all to see.  
Cutting deep into your past,  
Growing trees that stand fast,  
Love this picture on the Screen  
Beauty that others now have seen.  
Beauty that others now have seen.  
Love this picture on the Screen  
Growing trees that stand fast,  
Cutting deep into your past,  
Clean your form for all to see.  
Still I'm running wild and free,  
Bold and fluid in channels moan.  
Soft the water, to rush 'ore stone,  
Forming wedges that rain wash bare.  
It flowed from here it flows from there,  
It formed in layers, now stone dead.  
When the rock flowed free and red,  
Tulip for you  
Peter J Wilson



**VALE**

Valda Carter -30/9/1934---4//6/2021

Valda, who died suddenly on the 4th June, was in years past, a stalwart of U3A Rockhampton

She served as Treasurer in 2010, 2011, and 2012. She may also have had a fourth term in this role.

Valda gave her time generously to other U3A activities, becoming the convener of the "In Voice" group after the passing of Annette in December 2011 and hosted this group at her home until some time in 2018. For many years was the driving force in our Seniors Week concerts and afternoon teas. Many of us will remember the great fun and fabulous food on these occasions. Valda was on the spot again, when it came to quizzes for the Garden Lovers Cancer Morning Teas.

We have lots of reasons to be glad to have had Valda in our midst and I personally relied a lot on her guiding hand.

Virginia Latty-Weir.



(A poem written by Alan Watts in remembrance of Keith Bambrick)

He was a man who loved the arts  
Or so it seemed to me.  
Like Drama, Ballet, Singing Groups  
And he loved his Poetry.  
He'd have a go at anything.  
The topics we suggested.  
He had a sense of humour  
He'd also read from poetry books  
With feeling in his voice,  
To share the message, loud and clear  
Of poems of his own choice.  
And in many poems, he jested.  
There weren't too many meetings  
Where Keith would not be there.  
He always did his homework  
And he'd bring his poems to share.



He'd also read from poetry books  
With feeling in his voice,  
To share the message, loud and clear  
Of poems of his own choice.

His comments were encouraging.  
His words were never bad.  
He was always very positive  
In the attitude he had.

Now things will never be the same  
Since Keith has now passed on.  
He'll never be forgotten.  
We will miss him now He's gone.

Alan Watts 24/5/21.



**Drama Group  
Write up with  
Tony Moore**



U3A Drama Class meets on the first and third Tuesday of each month between 2pm and 4pm in the Glass Room at the Frenchville Sports Club. The group is led by Tony Moore who has a long history of professional theatre work. We are doing some voice work each week which will help those who would like to improve their public speaking skills. Its basically simple stuff learning a bit about breathing and practising some exercises to help with projection and diction.

We are also currently working on writing a satirical radio play about the whole Covid situation which we hope to perform, possibly at the December meeting, or maybe at the Xmas Lunch. If this works out we will be exploring other outlets for our talents. The radio play is a group enterprise and everyone in the class is contributing.

Feel free to come along and join us if you feel the urge. You can contact Tony Moore either by phone on 0400 579 530 or e-mail [jotony@internode.on.net](mailto:jotony@internode.on.net)



what we hoped to achieve from the group. Our interest, of course, is financial matters. I shared my experiences over 40 years of Banking, by talking about how Banking and Finance has changed from the mid 1970's to today.

At the end of the session we had a "Who wants to be a Millionaire" type panel. This consisted of each person selecting a number and being asked a financial question. They had the option of:

- (a) answering the question
- (b) passing the question on to another.(phoning a friend),
- (c) putting the question out for anyone to answer (asking the audience)
- (d) handing the question back to me.(asking the host).

This lightened the meeting and we found out some things which we don't all know the answers to.

The July meeting topics discussed were **"It's Tax time again.- what we need to know about tax"** and **"How do you know when to buy and sell your shares?"**. This was followed by another session of "Who wants to be a Millionaire? "

In August we welcomed our first guest speaker, Alan Jackson from The Commonwealth Bank at Yeppoon. Alan was a colleague of mine before I retired. He had been a Branch Manager at Charleville, Emerald and more recently Rockhampton branch.

He spoke on **"Scams and Fraud on Bank Accounts."** This was informative and gave us tips on how to avoid being scammed or sweet talked into giving details over the phone, which may lead to losses from our bank accounts. Examples were shared - including giving someone who rings randomly **remote access** to your computer.

Alan also answered questions on other banking matters.

Once again we finished with "Who wants to be a Millionaire?" We were to discuss **interest rates** but time did not permit, this topic will be carried forward to the September meeting.

We meet at The Glass Room at Frenchville Sports Club on the first Friday of each month from 2pm to 4pm.

All are welcome.



**Financial Discussion  
Group  
With  
Alan Watts**



The financial discussion group commenced in June. We have had three meetings with up to 7 in attendance at each meeting.

In June to get the group started, we introduced ourselves and discussed what the group was about and



*U3A Choir performing*



*U3A Ukulele Group  
on stage performing*



*Cooking up a storm at a morning tea event*