



# THE QUARTERLY FLYER

## Rockhampton & District Inc

JUNE

2019

Volume 2/2019



*2019 Committee members*



*Guest speakers, Misha Bongers (2<sup>nd</sup> from left) with Physiotherapy students from CQUniversity*

**General Meeting** 1st Monday of each Month (ex January) 9.30am at Frenchville Sports club  
Next meeting after 3<sup>rd</sup> June, 1<sup>st</sup> July 2019

## 2019 COMMITTEE

<b>President:</b>	Russell Daniels Ph 4819 1739
<b>Vice President:</b>	Lance Cowan
<b>Secretary:</b>	Bev Connor Ph 0488557721
<b>Assistant Secretary:</b>	Lenore Cook Ph 49267499
<b>Treasurer:</b>	Maurice Dittmann
<b>Activities:</b>	Judy Sutton
<b>Social Organiser:</b>	Christine Dobeles Ph 49261845
<b>Guest Speakers:</b>	Judy Nutley
<b>Publicity:</b>	Ann Findlater
<b>Web Coordinator</b>	Nick Quigley OAM vietvets@gmail.com
<b>Journal Editor:</b>	Elaine Ross
<b>Quarterly Flyer email:</b>	<a href="mailto:zebu3.u3a@gmail.com">zebu3.u3a@gmail.com</a>
<b>Volunteers Coordinator</b>	
<b>and Past President</b>	Philip Morisette Ph 4928 7769

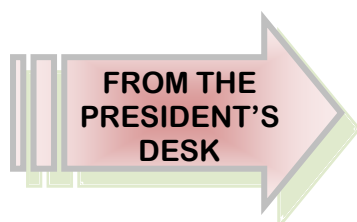
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<b>Annual fee:</b>	\$15.00
<b>New members (July 1 – October 31)</b>	\$7.50
<b>Joining fee</b>	\$10.00
<b>(includes name badge)</b>	

**Check out the Quarterly Flyer in colour:**

<http://www.u3arockhampton.org.au/images/jun19.pdf>

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*with Russell L Daniels*



Our AGM was held on Monday 4th March 2019. Lance Cowan was elected Vice President with the remainder of the Management Committee retaining their office positions for the next 12 months. In March 2020 we will have five of our current committee members completing and retiring after 3 years in office. As part of succession planning, we require volunteers from our membership to step up and take on a role as a Committee Member in training. We are currently trying to source a Publicity Officer, Activities Coordinator, Quarterly Flyer Coordinator and Assistant Secretary. We want to be prepared and not be in the position that we found ourselves in a few years ago when a significant number of positions were not filled at the AGM and were not filled for some months. If you believe you would like to have a go and understudy the position please see myself or Lance Cowan.

Our long-time patron Professor Scott Bowman retired from CQU and the new incoming Vice Chancellor Professor Nick Klomp has recently accepted our invitation to be the patron for U3A Rockhampton.

We continue to attract and approve new members each month. We had over 100 new members join U3A Rockhampton in the previous twelve months. We have also had the good fortune of introducing new activities: Bird Watching, Senior Contemporary Ballet and Ukulele Classes.

Polo shirts with the U3A Logos can now be ordered from Totally Workwear, 413 Yaamba Road, North Rockhampton QLD 4701. Depending what style and colour you want the cost will be approximately \$32.00. Activity groups may like to select the same colours. They would need to be told to embroider the U3A Rockhampton Logo to the shirt.

We have submitted an application with the Gambling Community Benefit Fund with the hope of being able to get a grant for a Colour Laser Printer and computer. We will be holding off with the purchase of a printer until we see if we are successful or not in securing a grant.

By the time this goes to print Phil Morisette would have attended the U3A Network State Conference in Bundaberg representing U3A Rockhampton. Phil will give an update on the conference at a General Meeting.

Johanna Scully the recipient of the U3A Rockhampton CQU Student Awards for Physiotherapy will attend and address the General meeting on the 3rd June 2019.

I will be in Canada for the June and July General meetings and our Vice-President Lance Cowan will be assuming my role and responsibilities as President in my absence.

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*with Professor Nick Klomp*

### Three months in:

I've now celebrated three months as Vice-Chancellor and President of CQU University. It's been such a whirlwind visiting all our campuses across Australia and learning about all of training,

education and research offerings. I have received such a warm welcome everywhere I go, and I am so excited about working with all CQUniversity's staff, students, alumni and partners moving forward.

I have mainly spent my first three months in the role learning everything there is to know about CQUniversity, so that I could develop the University's new strategic plan for 2019-23. I am now pleased to say that a draft plan has been developed and was presented to staff at one of my regular staff forums on Wednesday, 8 May. I have also shared this plan with our many stakeholders across Australia for further consultation. The consultation period will continue for the next month before we review feedback and apply it to a final plan that will be launched in late June.

If you are interested in reviewing the plan and providing feedback you can do so by visiting [www.cqu.edu.au/ourfutureisyou](http://www.cqu.edu.au/ourfutureisyou) and completing the online survey by 22 May, 2019.

I am proud of what has been developed so far and I look forward to reviewing all the feedback we receive.

Finally, I'd really like to pass on my special thanks to the U3A Rockhampton members for allowing me to continue CQUniversity's patronage of your organisation. I look forward to working with you all and ensuring the University can support you and your activities.

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### GARDEN LOVERS GROUP

with Joan Cooper

This year has taken off well for our group, with good numbers attending each month. We visited Virginia's garden and saw her DIY shade house which she erected herself. Well done, Virginia! In March we escaped the heat by going to Bunnings to hear a very informative talk on water features. Bunnings were very hospitable and supplied the tea, coffee and milk for our morning tea as well as a lovely plant for a raffle prize. Rod and Jeanette hosted our April meeting, with Rod giving us lots of information on fertilizers. He also demonstrated their electric mulcher and showed us the result of using a rake to push the branches into the mulcher.

Not advisable unless you want a very short rake handle! Our May gathering will take us to an amazing private garden and I will tell you all about that in the next Journal.

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### THE WRITING FOR PLEASURE GROUP



Julie Davies and Ken Stewart have a chuckle during a writing session. Both are contributors in the latest writers publication, *with a touch of Rockhampton: Mayhem, Mysteries & Memories*.

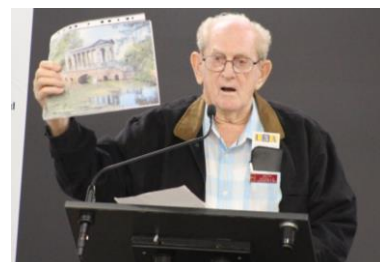
The book will be released at the July general meeting. There will be a limited number of issues available and to ensue you get a copy, they can be ordered at the June meeting. Cost is \$12.

We were so grateful to have the pencil drawing group members contribute illustrations. The Writers Group meets on the first Wednesday of the month at The Arts building adjacent to southside library (9.15am – 11.25am). New members are always welcome. Please contact Rodger Williamson on 49274541.

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### PENCIL DRAWING GROUP

The Pencil Drawing Group's, leader/tutor Keith Nicholls gave an overview of what you can expect from attending his group at the May general U3A meeting. He is pictured below, at the meeting.



Pictured below are members of the group enjoying one of the morning sessions. Some of the members have contributed drawings to the Writing for Pleasure Group's publication. They are pictured at one of the drawing sessions.



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## BIRD WATCHING



*with Rod Elder*

Report on two excursions by the bird group in April/May 2019



Red-necked  
Avocet

The U3A bird group visited the southside gardens on two occasions. The aim was to see as many different species of birds as possible by walking along the footpath from the Jetty area to the next lagoon to the east. On the first occasion we had the help of Allan Briggs, secretary for Birdlife Capricornia who not only brought his considerable expertise but also his telescope. This allowed us to see some distant birds which were difficult to see with binoculars. We had a brief lesson on how to adjust binoculars for eye differences. The weather was better than good on the first trip and the second there was slight shower. This allowed us to see the birds under different light conditions. Identifying birds on colour is fraught because the appearance can change considerably in different light.

Two notable birds were Bar-tailed Godwits and Red-necked Avocets. The godwits were fueling up to make the long trip to the arctic breeding areas. The

avocets have a turned-up tip to their bills which allow them to feed on brine shrimps in saline waters. On our second visit the godwits had departed. We wish them all the best on their 22000km round trip flight. We hope they can find refueling points along the way as many are being destroyed for human development.

We learnt how to distinguish between the various bird species by first looking at their bills. We looked at groups with the same bill types such as ducks. We then looked at how to identify the different species in that group. We now have some idea of the difference between birds with shields on their heads – Purple swamp hens, Eurasian Coots and Dusky Moorhens and also, how to separate out the egrets.

Overall, we saw 35 different species on the first visit and 32 on the second. They were mainly birds you find near lagoons as distinct from ocean shore birds for example. After the bird viewing, we went up to kiosk and recharged with coffee and cake. We went through the birds and their calls with an App on an Ipad.

Our second trip was to reinforce what we had learnt on the first occasion. Unfortunately, there was a brief light shower which spoilt the idea of a full sit-down exam.

Our next outing is in September/October where we will again visit the jetty area at the southside gardens, then to the bird viewing platform at the dump and then to Rod and Jeanette's for morning tea and more Ipad App.

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## ARMCHAIR TRAVEL

*with Jackie Geraghty*

**February:** Maurice Dittman presented his and Joyea's 34-day Bus Tour of Europe Paris to Dubrovnik through 17 countries. Commencing in Belgium they visited many UNESCO World Heritage sites: medieval city of Brugge; Provincial Government Grand Palace; Brussels Basilica; Mannheim, Germany; Constance lake on Rhine; Eagle's Nest; Mozart's birthplace, "Hagen Auer Haus" museum Salzburg; Schönnbrunn Palace; Habsburg Imperial Crypt, Vienna; Krumlov museum; National Parks of Croatia; President Hotel, Dubrovnik; Delphi Archaeological Museum, Greece.

They toured islands of Mykonos, Rhodes, Paros; ruins of Ephesus, Turkey; Isle of Capri; Pompeii ruins; Trevi Fountain Rome; LeoX111 crypt, Vatican; Colosseum in Rome. Venice was overrun by tourists. There are many areas that now restrict the number of tourists allowed and charge tourists an entry fee. They continued on to Cannes, Monaco, Lucerne in Switzerland, Burgundy region and then returned to Paris.

Maurice is pictured below centre, with Jeanette and Arch Finlayson.



**March:** Jill Allen and Clare Fountain presented their 21day Travel Masters tour of Africa. The trip commenced and ended in Johannesburg travelling by coach, 3days on the luxurious Rovos Rail, safari in 4 x4's, five internal flights on small planes. Their itinerary took them through Soweto, Pretoria, Hwange National Park, Victoria Falls, Masai Mara, The Serengeti, Ngorongoro Crater, Lake Manyara and Nairobi. There were many highlights of the trip including Soweto National stadium, Hector Pieterse Museum, Mandela Museum, Kruger church Pretoria, Hall of Justice where Mandela was sentenced. Visit to De Wildt Cheetah Rehabilitation Centre and at Victoria Falls had the wonderful experience of 'walking with lions'. They witnessed amazing sunsets and saw lilac breasted roller bird, secretary bird, cheetahs, gazelles, warthogs, ostriches, Wildebeest, Cape buffalo, baboons, hippos, owls, lion pride, hyenas, zebras and elephants and visited a giraffe rehabilitation centre. The women would wear costumes on various occasions and there were plenty of opportunities for souvenir purchasing.

**April:** Good Friday.

Armchair Travel is a wonderful opportunity to see many countries through the presentations by generous people who are willing to share their experiences. If you have travelled and have photos of your trips, I would love to hear from you.

Jackie Geraghty Convenor Phone 49227976



with Nick Quigley OAM

Nothing much has changed since last month. Attitudes to technology haven't changed. The day will come when you will need to learn how to tackle paying a bill, or buying fuel for your car, or booking a flight to Brisbane. 95% of airport book ins, seat allocation and boarding passes in Rockhampton are done electronically. So, sitting at home pick up your smart phone and tap the APP for the airline. In this case I'm using a QANTAS App and I want to look up Deals. You need to take care and read what is on the screen as some will have conditions. The App will allow you to book a flight, accommodation, hire car, travel insurance, transfers and even a Uber. When I get to the airport all I'll need to do is book my luggage in and go through security and wait for my plane. Years gone by we could go to the airport and book everything, but not any more unless you use an agent.

**Tech troubles** at the Northside and Southside Libraries has been averaging sixty people a month and most have had problems understanding smart phones, iPads and Samsung Tablets. It is pleasing to see the determination of people attending to understand their new electronic device. A few very important things to remember with new Technology is **write down the user name (normally an email) and the password**. Exactly as it was put in using capitals, lower case, numbers and control keys eg **MyD0g\*hasFl33s** Capital **M** small **y** Capital **D** zero small **g** \* **Star** on the shift 8 key small **has** Capital **F** small **L** figures **33** **three three** small **s**

Now that you have a **Smart Phone**, have you ever considered installing an on line **security camera** at home guarding your entrance door/s? How about a camera that will come with audio motion sensing 90° field of view, pan/tilt night vision wireless with Wi-Fi indoor use? Ensure you order it with an AU power plug. Go to <https://www.tomtop.com/p-s2355au.html> to look at the cameras and you can purchase it via Bankcard or PayPal and it will be delivered in 10 days from China. Installation instruction come with the box. Download an App from iTunes for an Apple Phone or Google Play for Android and you will have full view of inside your home while out at U3A for the day. The setup is done via your phone to your NBN

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network; thus, you can watch your house 24/7 from anywhere in the world. I have bought several types and the latest camera will follow the movement. If you wish to have external cameras, make sure when ordering you are getting all weather external cameras. Cameras come with options of cloud-based storage or SD card for limited storage.

TomTop sells numerous other items and you can spend hours searching through the store. TomTop is not the only source of cameras there are many more.

All the best in Bits and Bytes

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### JACANA BUSHDANCERS



with Leonie Keene

Here we are again almost halfway through another year. Life certainly gets busier as we enjoy our retirement, particularly for U3A members.

We are still attracting our dedicated band of dancers on Monday nights at the Rockhampton Pipe Band Hall Gladstone Rd, next to A Man's Toyshop.

U3A members are encouraged to come along and try this fun and traditional form of dance; free of charge on you first visit

We dance between 7.00pm and 9.00pm. A light supper is included in the entrance fee of \$5 adults and \$1 accompanied child. Feel free to bring along your grandchildren as they are very welcome.



Recently our foundation member Shirley, (pictured) celebrated her 88th Birthday with a birthday cake. She is a great testament to keeping fit with regular exercise and a real stalwart of the club.

Our President, Russell and our activities co-ordinator, Judy have announced their intention of visiting the various activities on offer through the U3A.

As yet we haven't been fortunate enough to have them visit us. However, we do hope they will drop in to see us soon. They will be made very welcome.

All enquiries to Leonie Keene Ph. 49225887

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**\*\*NEW ACTIVITY\*\***

### STAMP COLLECTING

with Judy Sutton  
Activities Coordinator



David Smith has volunteered to start a Stamp Collecting Activity. This will be held once a month at the Glass Room at Frenchville Sports Club on a day to be decided. If you are interested, please contact David on 4926 3336. There will be a sign-on sheet at the meeting on 3<sup>rd</sup> June.

*"Stamp collecting is one of the world's most popular hobbies, and involves **collecting** postage stamps and related items".*

If you have any ideas for new activities or are able to teach or co-ordinate an activity, please let me know.

Judy Sutton  
Activities Co-ordinator

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### TAI CHI NATURE

with Shirley Hopkins

Recently the Friday morning group had a nature experience. While we were doing our exercises, I noticed a bird toying with something orange and green which was hidden from view. I was curious and after the exercise was finished, I went to see what the bird was doing. The bird was trying to kill and eat the beautiful insect in the photo. I saved the insect and it was identified by an expert as a female red shouldered phasmid, a member of the stick family. Unfortunately, the bird had bitten off one of the insect's front legs and it was unable to survive.

Kevin Langford, one of our members, was able to take a photo. Note the beautiful gossamer wings.



Tai Chi continues every Friday at 7.30am until 8.30am in Kershaw Gardens rain, hail, or shine. Entry is opposite to Stocklands and all are welcome.

Please contact Shirley 49364792 (with message bank).

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with Judy Nutley

March 4<sup>th</sup> Central Queensland University:

Professor Kim Harrington attended the AGM meeting in March, presenting and overview on the University.



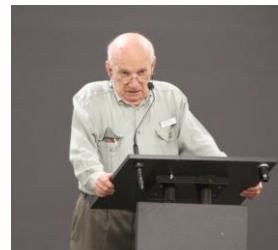
April 1<sup>st</sup> CQ University Health Clinic:

Mischa Bongers spoke on women's and men's physiotherapy and the students discussed the benefits of physiotherapy with aging. I am sure we can all relate to that. Samantha spoke about the services provided at the Health Clinic.



May 6<sup>th</sup> Rockhampton Historical Association:

John Fletcher was a wealth of knowledge and talked about cemeteries around Australia with some interesting statistics. He is very passionate about the history of cemeteries and has visited many around the world. On the 13th May John will be sharing more of his knowledge as he does a tour of the Heritage listed southside Cemetery.



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*Clare Fountain:*

It was a few days before Christmas. I was sitting at the dining room table eating dinner when my dog started barking furiously. I turned to the glass doors onto the patio to quieten her and to my horror noticed a snake writhing inside the door, 2 metres from me. Jumping up I called to the neighbours, "I've got a snake in here!!" They replied, "We're not very good with snakes", but immediately they phoned the police and a snake catcher.

Two young policemen quickly arrived. By then the snake had circled the dining room and vanished into another room. I'd fled up the stairs to safety. The police disappeared as soon as the snake catcher, looking very casual in t-shirt and stubbies, arrived.

I told him where the snake was and he followed it in. There was bashing and crashing and he muttered, "It's been here a while. There's a snake skin in the piano!"

"It's coming out!" he shouted. And it did. Quite angry by now it slithered over an armchair, up and down the Christmas tree and was then pinned by its neck near the bookshelves with a stick found in the room. It escaped once but was promptly pinned again and put into a sack.

"What sort of snake is it?" I asked timidly. "Oh, it's a taipan." he nonchalantly replied.

I stumbled gratefully down the stairs and he left with the taipan secured in his sack!

*Joan Cooper:*

In the mid-eighties I was living with my then husband and children on an acreage between Noosa and Cooroy. For some reason, possibly temporary insanity, we agreed to take a white cockatoo that someone in Tewantin no longer wanted. Cocky proved to be a bit of a nightmare, constantly screeching and calling for someone named Bradley. He was soon moved to a large enclosure but at first was in a cage in the machinery shed during the night. One night we were woken by the commotion of Cocky screeching, "Sqwark! Sqwark! Bradley!" Bradley? Hubby raced down with murder in mind to be greeted with the sight of a huge carpet snake curled on top of the cage with some of Cocky's feathers in its mouth. Thankfully for us city slickers, the girl up the road was a park ranger and she was able to take our unwanted guest to a new home.

After continuing to drive us crazy for another year or so, Cocky went on to become a guard cocky for a lady in Buderim. She had a wonderful garden of bromeliads that she sold and she welcomed Cocky's screeching to scare off possible plant thieves. She said they were like geese in that respect.

*Rita Diplock:*

A fellow I used to know liked snakes and had a small, but rare snake as a pet which was fed on very small frogs. A workmate and he were talking about snakes one day and when told about his pet, the workmate said how much he'd like one and asked if he would catch one for him. The fellow was doubtful as they are rare. Some weeks later, he saw one and on taking it to the workmate, instructed him how to look after it. Enquiring how the snake was getting on a few days later, the fellow was shocked to hear it had disappeared.

'Did you feed it with frogs?' he asked.

The workmate assured him he had found a frog and put it in with the snake. Suspicious, the fellow asked what size frog. On being told it was a big green one, it became obvious where the snake had gone. Upset at having caused his new pet's death, he asked the fellow to find him a replacement. Strangely he never has.



*Lyn Harrower:*

We knew we had a carpet snake up in our old garden shed, up the back yard. We had seen him on and off over very many years. Occasionally saw him in the garage beside the house. One evening just on dark I saw this snakes head above the water in my fish tank which is beside the house. It is an old cattle trough. I thought he was getting my goldfish. I had them for 15-20 and the two I had left were getting very big. I rang a friend to come and help me get the snake out of the fish tank. We fished him out with a 3-pronged hoe and put him in a hessian bag. He would have been at least 6 metres long. We took him along the road about 4 kms and let him go in Ramsay Creek. Several weeks later I found a perfect snake skin curled up beautifully in front of my garage door. I guess he was telling me he had come home. Although I have not seen him since, occasionally I find a snake skin in the gutter of the house and the electrician once told me he found a snake skin in the ceiling. I live near Old Glenmore Homestead and this is the only one I have seen around here apart from a couple of grass snakes curled up in my hanging baskets about 20 years ago.

*Joan Brown:*

It was lucky I had my feet up when a snake came slithering under my chair while watching tele one night. My husband chased it across the lounge room, into the hallway with a broom to dong it, with me yelling "don't hit it and break the tiles".

It ended up in a cupboard and we rang a snake catcher. He eventually turned up saying "It'll only be a tree snake." When he opened the cupboard door and looked up to find it on a shelf, the snake nearly got him on the foot. It turned out to be a 190cm brown. It could have been a different outcome if I had my feet on the floor. I mightn't be here to tell the tale.

*Elaine Ross:*

One evening, while I was getting dressed to go out to a dance, I stepped from the shower into my walk-in robe. A blow fly decided to follow me in. Well, I grabbed a towel from the bathroom and began to swat it as it flew around the light in my robe. As I looked up, there was a snake wound around my oyster styled light shade. Its head dangled over the edge as it peered at me. Although it was unwilling to cooperate, we managed, with a pair of long BBQ tongs to land it into a small rubbish bin. Afterwards I noticed that the light shade was really clean; no dead months. It wasn't with joy that I realised it must have been there for some time. Afterwards, I went through the house, pulled down all of my light shades and siliconed every hole I

could find that led to the ceiling. The snake was relocated to a lagoon outside of Rockhampton. I now look up at the light each time I walk into the room.

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## SOCIAL ACTIVITIES

*with Christine Dobe*

We have had very varied social outings for the beginning of 2019.

*February:* Fifty-five members enjoyed Alison and Graham Close's Sculpture Gardens at Bouldercombe with damper and billy tea to round off a very enjoyable morning.

*March:* Capricorn Coast U3A joined us for a B.B.Q at our beautiful Kershaw Gardens. Sixty-three members enjoyed our time in this setting with Suzie's mobile coffee van ensuring those wishing coffee etc. could purchase.



*April:* Forty-six members had a personal and very informative tour of the Allied Health Clinic at CQ University. Thirty-five members then had a very delicious morning tea at the Birdcage Lounge.



Many thanks to members who come up to me at outings to be ticked off and who wear their name badges.

Both these actions help enormously the first is for insurance purposes and the second helps me and other members learn to call more of us by names when we are out socialising.

May 13<sup>th</sup>: Southside cemetery and Allentown lunch. Seventy-eight members enjoyed a very informative tour of our southside heritage listed cemetery by John Fletcher.

John was a font of knowledge on the history of some of the very early families and their hand in shaping not only Rockhampton but Queensland.

Fifty-eight members then had a very delicious meal at the Allentown Hotel.

The tables were decorated with blue and yellow U3A colours and the meals were all served in a very timely manner.



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### DATE CLAIMERS

- June 10<sup>th</sup> Visit to CQU Innovative Research Precinct. Cost \$5.
- July 1<sup>st</sup> General Meeting
- July 1<sup>st</sup> Writers group book launch
- August 1<sup>st</sup> (Thursday) A guided tour of Callaghan Park Racecourse by John Day the historian for the Racecourse. Members will enjoy an amateur race day meeting. There is no cost for tour but members purchase drinks and food at own expense.

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### AQUA AEROBICS

*with Annette McLean*

U3A water fitness sessions at Caribeae Swimming Academy, Corner of Menzies St & Richardson Rd, North Rockhampton will be closed on Thursday 13 June for the Rockhampton Show Day.

The sessions are on Tuesdays at 11.00 am, Thursdays at 9.30 am and also on Saturday mornings at 7.00 am. The sessions are 1 hour in duration in a heated pool with steps into the pool for easy access. Come and join in the fun and fitness. If you are a

U3A member, the sessions cost \$6.00 but if you are the general public cost is \$9.50 per session. The general public are very welcome to attend.

If you have any queries please contact Annette on 04992 65992 or Caribeae Swimming Academy on 4926 1650.



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### CONGRATULATIONS



New member of the U3A writers' group, Julie Davies, recently won the Open Category of the Henry Lawson Short Story Prize, plus the overall best writing award. Julie is thrilled to win because Henry Lawson's work changed her life.

She said: "Although the prizes are small, \$500 and a gorgeous bronze statuette of 'The Drover's Wife', this award has great meaning for me. I'm a Kiwi who only stopped off in Oz for a few months in 1978 on my way to London.

"After seeing a flock of crimson rosellas streak across a sandstone bluff in the Blue Mountains, looking like a post-impressionist painting, I decided to stay longer.

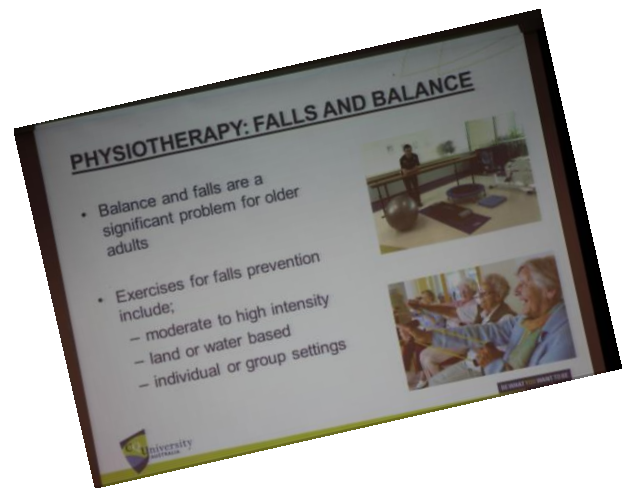
"Six months later, a tatty second-hand edition of Henry Lawson's stories captivated me, "The Drover's Wife" in particular. I cashed in my open airfare and headed north to the remote Gulf country plains to work as a governess. Then I went down to Mt Isa for the school holidays and met a smiley young mine worker whom I decided to marry just two days later. And he said yes!"

So, if not for Henry Lawson, Julie wouldn't be an Australian or married for 40 years.

Her winning story "Dust Devil" is an adapted chapter from her second and as yet unfinished novel "Dust in the Wind". It's a sad tale about the impacts of long-term drought. Julie believes the rawness of this story is probably what tipped it for her with this particular prize, because Henry also told it like it was; rare in his time when bush life was usually romanticised.

*On behalf of U3A Rockhampton & District members – congratulations, Julie. Well done! Apologies that this story arrived too late for the paper copy. Ed.*

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*CQUniversity's Misha Bongers helps draw the raffle.*



*Phil Morisette shows off his U3A shirt that members can purchase from Totally Work Wear. Your choice of colours and shirt style.*

## U3A Activities 2019 – updated 22nd May 2019

**Legend:** \* = Continues all year

**NA = New Activity**

**SA = Shared Activity**

**NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.**

Activities	Times	Venue	Contact	Phone
<b>Monday</b>				
<b>General Meeting ~</b> monthly 1 <sup>st</sup> Monday (excluding January)	9.30am	Frenchville Sports Club, Clifton Street, North Rockhampton (Lunch to follow)	Russell	48191739
<b>Bush dancing SA*</b>	Weekly 7.00pm - 9pm	Rockhampton Pipe Band Hall Gladstone Road, Rockhampton ~ \$5	Leonie	4922 5887
<b>History Group</b>	3 <sup>rd</sup> week 2pm.	Glass room, Frenchville Sports Club Clifton St., Nth Rockhampton	Ann	4922 1581
<b>Contemporary Ballet</b>	1 <sup>st</sup> week 2pm	Oak Tree Retirement Village 40 Foulkes St, Norman Gardens	Keith	4928 3849
<b>Tuesday</b>				
<b>Senior-Fit Class</b> <b>Resistance Training SA*</b> <b>Swimming</b>	8.30am - 9.30am 7.30am - 8.30am Initially, then Any open hours	CQU Community Sports Centre, Yaamba Road, North Rockhampton Cost for single visit \$8 OR 10 sessions for \$60	Sports Centre or Rhonda Barb	4923 2159  4819 1739 4928 7560
<b>Aqua Aerobics SA*</b>	Weekly 11am - 12noon	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
<b>Investment Group</b> <b>Discussion SA*</b>	3 <sup>rd</sup> week 10am	glass room, Frenchville Sports Club North Rockhampton	Arch	4928 6653
<b>Mah Jong I</b>	Weekly 1pm	Women's Health, Bolsover Street cnr Derby Street, Rockhampton	Lyn	4928 8136 0455288833
<b>Third Age Chorus</b> <b>Singing Group</b>	Weekly 9.30am	Youth Orchestra Room, Floor 1 Walter Reid Building, Derby St., Rock.	Lindsay	49227099
<b>Tai Chi *</b> <b>Southside</b>	Weekly 7.30am	Botanic Gardens, near Lagoon, Rockhampton	Virginia	4921 1602
<b>Poetry for Leisure (now</b> <b>only once a month)</b>	2 <sup>nd</sup> week 9.15am – 11.15am	School of Arts Bolsover St., Rockhampton	Alan	4928 5319 0411469563
<b>Monthly Lunch</b>	3 <sup>rd</sup> week 12 noon	Venue to be decided previous month	Judy	49281756
<b>Cards &amp; Scrabble</b>	1 <sup>st</sup> & 4 <sup>th</sup> weeks 9am – 11.15am	Oaktree Village Glenmore Road 50c tea/coffee	Alan	4928 5319 0411469563
<b>Calligraphy</b> <b>*NEW ACTIVITY*</b>	2 <sup>nd</sup> & 4 <sup>th</sup> weeks 1 – 3.30pm	Settlers Village Community Centre Pauline Martin Drive -off North Street	Virginia	49211602
<b>Wednesday</b>				
<b>Book Lover's Group</b>	4 <sup>th</sup> week 10am	Settlers Village Community Centre Pauline Martin Drive -off North Street	Sheila	4928 2810
<b>Embroidery</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 1pm - 4.30pm	CQU room 41/G41. Turn right off Carlton St., into Blair Drive	Pat	4927 4493
<b>Speech Group</b> <b>("In Voice")</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Weeks 9.30am -10.30am	304 Kent Street, Depot Hill	Virginia Valda	4928 2119 4928 2119
<b>Writing for Pleasure</b>	1 <sup>st</sup> week 9.15am -11.15am	1 <sup>st</sup> week -School of Arts, Bolsover Street, Rockhampton.	Rodger	49274541
<b>Drama Group</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 1pm – 3pm	Oaktree Village Glenmore Road 50c tea/coffee \$2 photocopying	Keith	4928 3849
<b>Music Appreciation</b>	4 <sup>th</sup> Wednesday 1.30pm – 3.30pm	17 Thora St., Gracemere	Nancy	4933 2722
<b>Ukulele</b>	Weekly 2pm	Oaktree, 40 Foulkes St., Norman Gardens	Phil	49287769

**Learning at Leisure – Learning for Pleasure**

# U3A Activities 2019

[Revised 22nd May 2019]

**Legend:** \* = Continues all year

**NA = New Activity**

**SA = Shared Activity**

**NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.**

<b>Activities</b>	<b>Times</b>	<b>Venue</b>	<b>Contact</b>	<b>Phone</b>
<b>Thursday</b>				
<b>Senior-Fit Class</b> <b>Resistance Training</b> <b>SA *</b> <b>Swimming</b>	8.30am – 9.30am 7.30am - 8.30am Initially, then Any open hours	CQU Community Sports Centre, Yaamba Road, North Rockhampton Cost for single visit ~ \$8 or 10 sessions for \$60	Sports Centre or Rhonda Barb	4923 2159  48191739 49287560
<b>Aqua Aerobics SA</b>	Weekly 9.30am - 10.30am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
<b>Discussion ~ Current Affairs SA</b>	3 <sup>rd</sup> week 3pm - 5pm	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
<b>Photography Group</b>	Every 2 <sup>nd</sup> Week 3pm [from 24/1/19]	Technology Centre 1 <sup>st</sup> floor ~ Library, Bolsover Street, Rockhampton.	Phil	4928 7769
<b>Multi Crafts (previously Scrapbooking)</b>	Last Thursdays 9.30am – 12.30pm	Oaktree Retirement Village Glenmore Road; \$1 incl morning tea	Ann	4922 1581
<b>Friday</b>				
<b>Armchair Travel</b>	3 <sup>rd</sup> week 9.30am -11.30am	Athelstone House, Ward Street, (Rockhampton Bowls Club) \$2.50 includes morning tea	Jackie	4922 7976
<b>Garden Lovers' Club</b>	4 <sup>th</sup> week 9.30am	Venue advised at General meeting Please bring hat, chair & a plate for morning tea	Joan	49333190
<b>Line Dancing SA</b>	Weekly 2pm – 4pm	Square Dancing Hall, Kingel Park, Fitzroy Street, Rockhampton Cost ~ \$7	Sue	4922 3421
<b>Mahjong II</b>	Weekly 1pm – 4pm	Settlers Village, Pauline Martin Drive, Rockhampton	Judy	4928 1756
<b>Tai Chi Northside</b>	Weekly 7.30am - 8.30am.	Kershaw Gardens (High Street) Cost ~ \$2.	Shirley Beth	4936 4792 4926 4374
<b>Pencil Drawing</b>	1 <sup>st</sup> week 9:30 – 11:30 am	7 Gardenvale Crt, Hillside Estate (off Norman Road) North Rockhampton	Keith	4928 9505
<b>Saturday</b>				
<b>Aqua Aerobics SA *</b>	Weekly 7am - 8am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
<b>Personal Arrangements</b>				
<b>FREE Computer Classes</b>	Various days Weekly ~ 2 hours	Technology Centre – 1 <sup>st</sup> Floor RRC Library Bolsover Street, Rockhampton. (How to drive a computer; Windows 10; Files & folders; Internet made easy; Word 2010, PowerPoint 2010; Personal & computer security; Email made easy; digital photography)	Chris or Donna	4936 8212 or 4936 82188
<b>Several times annually – days to be decided</b>				
<b>Bird Watching</b>		Rod will contact those interested to choose day and time	Rod	4928 4343



*Visitors/new members at March meeting*



*Editor's note: The web copy of the journal has more articles and photos than the paper copy. The reason is that excess of 12 pages incurs extra mailing cost and sometimes I will include extra photos that won't fit in the paper copy. Many thanks once again to those who contributed articles. I enjoyed the snake yarns. Also, a special thanks to those who submitted photographs.*