



*Beautiful photos, above, from USA's Mystery Tour*



*The dawn service, below, attended by thousands went ahead in the Rockhampton Botanical Gardens just two months after the devastation caused by cyclone Marcia on February 20<sup>th</sup>. It is a tribute to the Army, Councils, SES, Bush Fire Services, the many volunteer organisations and individuals that provided and are still providing the assistance needed throughout the region.*



**General Meeting** 1st Monday of each Month (ex January) 9.30am at Frenchville Sports club

U3A Rockhampton – PO Box 8160 – Allentown – Rockhampton Q – 4700

Web: [www.u3arockhampton.org.au](http://www.u3arockhampton.org.au) Email: [u3arockhampton@hotmail.com](mailto:u3arockhampton@hotmail.com)



## WELCOME TO THE NEW COMMITTEE



*Inset:*  
Web Coordinator:  
Nick Quigley OAM  
vietvets@gmail.com

*In order of appearance: Back l-r*

Treasurer: Keith Bambrick  
Social Organiser: Nancy Crapp  
Journal Editor: Elaine Ross  
**President:** Phil Morisette Ph 49287769

*Front l-r*

Publicity/past President:  
Ann Findlater Ph 4922 1581  
Secretary: Joan Cooper Ph 49333190  
Activities: Maxy Barron  
Guest Speakers: Kathy Watson

*Absent from photo above:*

Vice President: Maurice Dittmann  
Assistant Secretary Margaret Lyons (2<sup>nd</sup> left in  
opposite pic)

Quarterly Flyer email: [zebu3@outlook.com](mailto:zebu3@outlook.com)

Annual fee due 31<sup>st</sup> December: \$15.00  
Joining Fee Nil  
New members (July 1 – October 30) \$7.50

Check out the Quarterly Flyer in colour

<http://www.u3arockhampton.org.au/images/qfjun15.pdf>

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### PRESIDENT'S REPORT

When my friends asked me if I would consider nomination for this position, I only had one major hiccup. With the resignation of four of our management committee from 2014, how would we get volunteers to fill these positions when we went most of last year almost begging for an Activities Co-ordinator at every meeting without success?

I needn't have worried as my faith was rewarded. All positions were filled, plus a new position of assistant,

three by NEW members to our Rockhampton Association. We now have a strong, harmonious group charged with the decision-making of your U3A. While our initial committee meetings have been a bit full on in helping our new members understand their roles, I have been keen to develop plans, with the help of the committee, to address the challenges of costs, growth, exposure and activities for our future.

By the time you read this, I will have attended the International Conference in Brisbane on May 28th-30th. The final day is for Queensland delegates only and will have given me the opportunity to meet other representatives from around the state to gather ideas and information which may become invaluable to our home group. These findings will be discussed at our June management committee meeting and brought to our July general meeting.

I'm looking forward to exciting times ahead with all of our Rockhampton U3A members. Please remember what we're here for and look for ways that can improve our lot for everyone concerned. Make use of the Suggestion Box or approach any of your management committee with your ideas.

**Phil Morisette - President**

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Breakfast for Nancy (2<sup>nd</sup> r) who enjoyed celebrating her significant birthday with some committee members, both past and present - and a visit from her sister.

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### Helping with the Quarterly Flyer





Dear u3a members

### **Major or minor, projects must keep rolling for regional Queensland**

News that investment in the State's major project construction is set to be slashed in half next year is a daunting dose of reality, especially for the resource-intensive economies of regional Queensland.

The forecast dive, driven by the completion of huge resources projects, will see the value of major projects construction in Queensland drop from \$10.5 billion this financial year, to just over \$5 billion in 2015-16.

But the figures, calculated by the Queensland Major Contractors Association and Construction Skills Queensland, don't reflect the valuable next strata of construction.

While it might not have reached the same dizzying heights as resources construction, public and private infrastructure spending across Queensland has provided a reliable second-tier of support to regional communities.

And as the multi-billion resources spend slows, that second-tier must step up.

While conventional wisdom might predict the resources slow-down would see other economic drivers get timid, now is the time for regional economies to back themselves and challenge the trepidation. We will seal our own fate if we let our confidence waver and we have far too much momentum behind to get spooked now.

In the past five years, CQUniversity has averaged nearly \$20 million a year on infrastructure capital works, with another \$6 million a year on technology upgrades atop of that. It's been an ambitious growth agenda focussed on our faith in the extraordinary potential of our regional communities. And we have no intention to yield to what the pundits are calling the 2015 slow-down. In fact, we plan to do the exact opposite.

We have earmarked \$44.7 million for new infrastructure projects in 2015, including Rockhampton's new Health Clinic, new campuses in Cairns and Townsville, modern health education facilities in Bundaberg, expanded Engineering

programs in Gladstone and a new Engineering Centre for Mackay. A further \$13.3 million will be spent on technology infrastructure across our campuses this year. In total, our investment across 2009 to 2015 will top \$207 million – the vast majority being spent in regional Queensland.

True, on paper our investment is small fry compared to the multi-billions of major resources projects. However, CQUniversity's spending on projects developed in close consultation with our local communities will drive huge economic and social change – growing services, employment opportunities, locally-trained workforces and importantly, confidence for our regions. Our infrastructure spend since 2009 has ultimately seen a huge jump in regional kids going to CQUni, with growth five times that of the leafy inner suburbs of Brisbane. Giving these young people a shot at higher education will pay community dividends for their entire career-span, as they work, raise a family and invest in their home towns. The closer we get to giving regional kids the same opportunities and experiences as city kids, the closer our communities get to reaching their full potential.

This is why I believe regional communities have far more investment bang for buck than the cities. It would be disastrous if we stopped investing in regional Australia because of a shaken confidence in the price of the rocks we dig out of the ground here. We have so much more potential to offer the nation's sovereign prosperity and now is the time to back ourselves.

No matter who is spending, every dollar of infrastructure investment has the same economic multiplier effect. Whether business, institutions, governments, or the individual consumer, we can all lead innovation and transformation in our regional communities.

Anyone who says the value of our regions is exclusively linked to the resources sector simply does not get it. I have no doubt in my mind that regional Queensland is a sleeping giant that is only just starting to stir. Now is the time to back ourselves and give each other the confidence and support we need to not only sustain ourselves, but to flourish, during the year ahead.

For further information, visit [www.cqu.edu.au](http://www.cqu.edu.au).

Regards,

**Professor Scott Bowman**

CQUniversity Vice-Chancellor and President  
U3A Rockhampton Patron



## HISTORY GROUP

The U3A History Group meets at Settlers Retirement Village, Pauline Martin Drive on the 3<sup>rd</sup> Monday of each month at 2pm.

The group chooses a subject of interest and members do some research and come back the next month and tell us all what they have found. So far the subjects have all been on local history and some very interesting items have been discovered from books and the internet.

This year we have talked about Early Businesses in Rockhampton, Early jobs and Aviation in the early days. Last year's subjects included the American Forces who were in this area during World War 2, Ghost Stories from the past, early Churches in the district, Alton Downs and Ridgeland, and early shipping on the Fitzroy.

If you are interested in local history we would love you to come and join our monthly discussion. For further information ring Ann on 49221581.

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### Date Claimers

June 8 ~ Sausage sizzle/lunch Botanical Gardens

Aug 22 ~ Seniors week – Sausage sizzle/lunch  
Botanical Gardens

Next open meetings: Monday July 6

Monday August 3

Monday September 7

(NB any changes and details advised as appropriate)

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## ANZAC DAY – 100 YEARS

### LEST WE FORGET

*Rita Diplock*

I looked up at the bright stars and wondered why they are so much brighter and nearer than in town. We were at Alton Downs for the Dawn Service. Knowing the story of Gallipoli, as I listened to the solemn words, I could understand why the soldiers who survived the carnage of the so called 'Great War' didn't want their mates to be forgotten. Many of the young men joined up expecting adventure, thinking they'd be home again in a few months, certainly less than a year. Instead they found themselves caught up for some years in the killing machine of war. War brings out the best and the worst in men, and they saw both. Those who returned home were for the most part changed men. But they fought for freedom and the way of life as they knew it. They believed they were doing their duty, even to obeying the order to charge into certain death.

The hope was expressed many times during Anzac Day that their spirit would live on in the young ones of our nation. I am convinced that in many it does.

One hundred years on from that battle we live in a different world. There are many ideologies and beliefs put before our youth, all intent on capturing their loyalties. I believe there is a battle already being fought, a battle for our young people's minds. The simpler way of life of a hundred years ago is now a part of history.

But for the moment, we remember those gallant soldiers who gave their lives to preserve our freedom and way of life. We will not forget.

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### THE OLD SOLDIER

© Rita Diplock

He's riding in a jeep this year, the white cane by his side.

He hears the sound of marching feet he once matched  
stride for stride.

He feels he has to be there for the ones who cannot be,

Although it will upset him for it stirs his memory.

He's treated like a hero on this one day of the year,

But when he hears the bugle, far away comes very near.

As all the visions rise from deep within his heart and  
head

They bring to him the faces and the forms of mates long  
dead.

Tonight he knows he will not sleep and even though he's  
blind,

The scenes from all those years ago will flood into his  
mind.

He'll hear again the gunfire, see the carnage in the trench,

The wounded, dead and dying and will even smell the  
stench.

He wonders why he lived while better men than he had  
died.

And then he has to drink some more to hold these  
thoughts inside.

He thinks of those young soldiers as they marched in  
proud array

To sleep their last long sleep in foreign lands so far away.

And still men put on uniforms and still go off to fight.

And like him, bring back images to haunt them day and  
night.

He hopes one day in Parliament they'll some day pass a  
law

So other mother's sons like him won't have to go to war.



## GUEST SPEAKERS



Kim Harrington  
from  
CQUniversity  
addressing  
March Meeting

A number of questions were raised at Kim's talk in March, regarding the use of CQU's library. Here is a summary of Kim's letter of response. U3A members are able to become members of the CQUniversity Library. They will need to visit the library in building 10 and present street address ID (license, e.g.). Community members can utilise the library's catalogue and borrow books, they are not allowed to access the library's internet or electronic databases due to licensing requirements restricting use to students and staff.

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April guest  
speaker:  
Margaret  
Thackeray from  
Centrelink with  
President Phil  
Morisette.

Topics of much interest were discussed and included treatment of assets, pensions and pension criteria.

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May guest speaker  
was Naomi  
Brownless, the  
Collections  
Manager at the  
Rockhampton  
Regional Library



Naomi spoke about eReader and online catalogues available to members. She also spoke about the technology help and various courses available to assist beginners. To find out more, please contact the Library Technology Centre on 49368212. You can access information on the library on the web at [www.rockhamptonregion.qld.gov.au](http://www.rockhamptonregion.qld.gov.au)

## JACANA BUSH DANCERS

Shared U3A activity

Held Monday evenings 7.00pm - 9.00pm  
Rockhampton Pipe Band Hall Gladstone Road next to 'A Man's Toy Shop'  
Adults \$5.00 per night (first night free)  
Children \$1.00 (accompanied by an adult)  
Supper provided  
Membership \$6.00 per year

We have been enjoying our dancing every Monday night with the exception of two nights cancelled due to 'Marcia'. We have been attracting enough dancers to ensure a good night's dancing. Cyclone Marcia forced us to postpone our plans for our 'Learn to Bushdance' course earlier in the year.

However, I am pleased to say we will be conducting a four week course commencing on 29th June. Membership of \$6.00 is payable on the first night.

The classes are free & run for an hour, after which learners can leave or they are very welcome to stay on for more dancing and supper with our friendly group.

Interested U3A members can contact Leonie Keene on 49225887 or just come along on any night to see what we offer.

Date claimers for June

- 14.6.15 Heritage Day at the Rockhampton Heritage Village
- 21.6.15 C.Q. Sports & Health Expo at the Robert Schwaren Pavilion Showgrounds

*Leonie Keene*

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## Embroidery Group

This year our project is Reticella. This is an Italian embroidery featuring threads being cut and drawn out leaving six threads each way. These are then woven into a grid. It is then decorated with fine button holed needle lace picots, flower shapes and four sided stitch. It is very slow work and takes a long time to do.

*Pat Lorroway, Embroidery*



An example  
of a work in  
progress.

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## Visions of Australia

*Judy Holzheimer*

As I've travelled this vast land of ours,  
From the cool coastal plains to Uluru,  
I've been captivated by the splendour  
Of our landscapes and colourful hues.

I love the fine red sand in the centre  
Where spinifex and desert oaks grow,  
And wildflowers that bloom after rain  
Without any need to nurture or sow.

I love the flat inland plains of grass  
Where the tall leafy eucalypts protect  
The sheep, beef cattle, and kangaroos  
From the heat of the sunlight direct.

I love the grassy hillside paddocks  
Where sheep and dairy herds graze.  
I love the green and golden fields:  
A patchwork of canola and maize.

I love the way the wattle trees bloom  
Where only granite boulders reside.  
I love that under the rainforest trees,  
The proud primitive tree ferns hide.

I love the coastline's sandy beaches,  
The sapphire seas and secluded bays,  
The rocky headlands and sheer cliffs  
Both sculptured by wind and waves.

Within our land of countless contrasts  
There lies a grandeur I know is unique.  
My country has always impressed me,  
As I have travelled from week to week.

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## Book Lovers Group

We finally got started again this year with a small group meeting at the 'Settlers Village Community Centre, always greeted by Joan, my trusty assistant who lives in one of the units!

For those of you who don't know how we operate, we choose our own book that we wish to read and talk about it at the next meeting. This gives all of us a fair idea of what books we might want to read in the future and we usually end up loaning these books to members of the group if they wish to read them.

Some of the books read lately are: 'Digging To America', by Anne Tyler, 'The Little Coffee Shop of Kabul', by Deborah Rodriguez along with her second book, 'The House on Carnaval Street'. Another one in the reading now is 'Those Faraday Girls', by Monica McInerney which we will talk about the next time we meet. By choosing our own

books no one needs to buy something they might not want to keep and it gives us more books to choose from during the year.

Meetings last about two hours and because the group is small it is a good way to get to know each other. We still have plenty of room for more people though so come along to our next meeting on the 4th Wednesday of the month and join us!

*Sally Schukking*

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## Current Affairs Discussion Group



Our group meets monthly on the 3<sup>rd</sup> Thursday of the month. In the wake of the recent cyclone topics discussed at the last Meeting related to insurance costs, property damage locally as compared to the coast and the huge damage to vegetation and the clean-up afterwards.

The issue of drug trafficking and the penalties imposed in particular by Indonesia, being quite topical also resulted in much discussion. Currently, this group is relatively small, so if you are interested in discussing current world issues in a friendly way, you would be most welcome to join our group.

## Investment Discussion Group

This group meets on the 3<sup>rd</sup> Tuesday of each month, providing an opportunity for discussion on the various aspects of Investment, but generally the discussion often centers around company shares and the share market. But if attendees wish to discuss other forms of investment, there is no restriction and cash, term deposits, interest rates, property and superannuation come up for discussion from time to time. The discussions are not intended to be advice, but an opportunity to share views, and what one does with those views is their choice. *Arch Finlayson*

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## Tuesday Shibashi/tai chi

This group has been meeting near Victoria Park for the past 2 months, but at last can return to the Murray Lagoon area at the Botanic Gardens. If you are keen to improve or maintain strength and balance through this exercise, do join us. From June we shall meet at 8 am instead of 7.30 am; allow a bit over one hour. *Virginia Latty-Weir*



## MYSTERY TOUR – April 17<sup>th</sup>

When we hopped on the bus we didn't have a clue  
Where we were going - it was only Nancy who knew

### Langmorn Station



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### NICK'S TECH TIPS

#### iPad or Android

I must admit I never liked Apple, I was an IBM architecture computer user and it was the introduction of the Apple iPad that broke the ice. If I was worried about the cost, I would have been tempted to go for an Android. They looked good, beautiful coloured screen but when it came to ease of operating or using the device, I chose iPad. I sat at JB HiFi and played with both and decided on the Apple and then bought two, a 64Gb for me and a 32Gb for Helen. The operating system, processor and everything about it was new to me; however following the setup instructions I had both ready to use in a very short time. The first time the screen opened, the quality of the colour was amazing. It is now 3 years and they both get used every day for a considerable amount of time.

**Surface Protection** – it is wise to buy a gloss surface protection sheet and lay it over the brand new clean screen before you start using it.

**Communications considerations** – All tablets come with WiFi installed which means you can connect to the Internet at the airport, cafes, at home, at a friend's place and at the city library. Tablets can

also be purchased with a 4G cell phone connection which can be used for voice and data depending on your phone carrier and your mobile plan.

#### If you were going to buy one which way would you lean Android or iPad?

They are great for movies and TV, for playing games, reading eBooks, and browsing the web. Sharing photos and catching up via Facebook, Instagram or Pinterest are all great on iPads and Android tabs. And you can catch up on email, too.

Apple looked at the market and decided to produce a device that was suitable and powerful enough to be used as a pleasure device and or a business device all in the same jacket.

While with Android you need to decide what you want to use it for and buy the appropriate one.

If you want to replace your desktop or laptop then you should look at a Microsoft Surface Pro 3. However if you are after an all round smaller tablet go for a Samsung Galaxy Tab 10.5'' and Google Play for all your extra Apps.

If you want the best all round tablet the iPad Air 2 with Retina display, a quality built device and linked to iTunes for movies, music, games and Apps that can help you through the day. Health, airline timetable, paper scanner, photo shopping, 1.2 million applications, some free and some at a minimal cost.

Apple vets all Apps before they go on iTunes so that Apple users are better protected from Malware strikes while Google only vets Apps that are causing errors or when they are notified. Ipad users generally don't need anti-virus while it is essential for windows based devices.

Program compatibility was a concern at first, but now 98% of what you can run on a Windows based computer has an equivalent in Apple. So if you are sent an email with Microsoft Office 2013 \*.docx for example, you will be able to read it on an iPad.

Some Windows media files will not run on iPad, so in effect it will save you time not watching the movie and in the long run you probably weren't interested anyhow and you can get on with the things you like to do.

#### Comparison from OfficeWorks

Apple iPad Air 2 64GB WiFi Tablet - \$737

Samsung Galaxy Tab 10.5" - \$509

Microsoft Surface Pro 3 - \$1149

Microsoft Surface - \$699

Cheers happy little vegebytes

*Nick Quigley OAM*

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## **In Voice**

U3A 'in voice' has been enjoying the return of our speech coach Nola Smith. Despite her absence last year we continued to meet on the 1st and 3rd Wednesdays each month and enjoy the power of words, and the exercises that improve our ability to deliver good speech. We have been preparing for performance at Valda's home. Our meetings end with a welcome cuppa and plenty of chatter. If you are not 'in' you are really missing 'out'.

*Virginia Latty-weir*

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## **The Beef Capital**

*Rita Diplock*

Now Nyngan's got a great big bogan in the Bogan  
Shire,  
And lots of other places have large icons to admire.  
As you travel round Australia, you will not be  
surprised  
To find some local objects that are highly oversized.  
With a big guitar in Tamworth and gumboot at  
Cardwell,  
The list of those around this land would take too  
long to tell.  
But here in cattle country, bulls are the chosen  
feature.  
Placed around Rockhampton are six statues of this  
creature.  
With pedigrees outstanding, they are sturdy and well  
bred,  
Six of the best and all can see these bulls have been  
well fed.  
Though I like to travel, my heart always feels its  
home pull  
No place could be like Rockhampton – it's just so  
full of bull.

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## **Photography Group**

It's hard to imagine how we are going to be able to follow our successful exhibition at the Southside Library in January. We were joined this year by a new batch of enthusiastic budding artists who have shown good understandings of our aims. Some members have upgraded their equipment to try and capture shots which may have been beyond them before.

This year, it seemed we had been dogged by 'rain on every second Thursday' when we've tried to arrange shoots. A trip to Lake Mary, the arrival of the Troop Train, a night at the PCYC Fair, splashing under the water sprays at the Southside pool and a

late afternoon at the old Woolwash were some of the memorable ones. Cyclone Marcia did so much damage to both our botanical gardens, it's been difficult to find replacement shoot venues.

If you'd like to join us to share a love of photography we'll find space and time to make you welcome and introduce you to our world.

*Phil Morisette - Group Co-ordinator*

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## **The Shower Blues**

*Joan Brown*

When I go to have my shower I turn the hot tap on  
I wait until the water's hot then turn the cold one on  
No matter how far I turn it, the water doesn't cool  
So I turn the hot one off a bit – and still it won't get  
cool  
I turn the hot tap totally off, the water then is cold  
Then I turn the hot one on a bit, and still the water's  
cold.  
The hot tap, then I turn quite hard and suddenly it's  
just right  
I quickly wash 'fore it's too hot, burnt skin is not a  
pretty sight.

I've had two plumbers look at it and my shower has  
them beat  
They've changed the washers, climbed the roof, the  
solar at their feet  
They've said my solarhart's too hot. It's 86 degrees  
But that won't fix how the water stays cold and I  
positively freeze  
So if anybody out there reads my tale of woe  
And can solve my awful problem of how to warm  
the flow  
I'd much appreciate your help; I'd make it worth  
your while  
I'd fall at your feet, tears of joy I would weep and  
you would see me smile.

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## **Armchair Travel**

Armchair Travel is pleased to announce that forty-five people expressed their interest in this activity at Sign-on day in February.

FEBRUARY travel day was forced to be cancelled due to cyclone Marcia.

MARCH presentation was by Deidre Parker on her travel to Northern Egypt, Alexandria, The Siwah Oasis, Cruise along the Nile, Dead Sea and Ammon. She visited Pompey's Pillar; Sphinx; Graeco-Roman Museum and a host of other historical places. Diedre travelled through the desert on way to Siwah oasis and experienced a camel ride as well as taking Bedouin tea on the desert sand.



APRIL presentation by Colleen Young took us down the River Seine on the Scenic Gem, visiting Western Battlefronts. Colleen & her husband toured each day from different ports. During this journey they visited Palace of Versailles; Le Pressoir d'Or cider farm in Lyons la Foret; Joan of Arc Memorial Cathedral in Rouen. Another day was spent visiting the battlefields of the Somme which included Thiepval monument. They visited the Australian National Memorial in the village of Villers-Bretonneux and the D-Day landing beaches of Normandy which included Arromanches Landing Museum and the American cemetery and memorial at Omaha Beach. Arriving at Caudebec-en-Caux this day was spent touring Benedictine Palace in the beachside town of Fecamp. The next day docked at Vernon and a visit to Monet's house & garden at Giverny. This was followed by a private classical concert at a 16<sup>th</sup> century chateau. They visited Chantilly castle and enjoyed French cuisine throughout the journey.

Places we plan to visit in the future include Spain, South America and a Tale of 5 cities. Please come along on our armchair travel journeys.

*Jackie Geraghty*

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### Aqua Aerobics

Our Aqua group held a morning tea to celebrate Mabel Brosnan's 90<sup>th</sup> Birthday. Mabel is looking great and had several parties to celebrate and why not!!

Mabel is a regular at Thursday class and social activities in the community.

We would like see new members at various Aqua classes; you will be amazed at what you can do in the covered heated pool with steps for ease of access. (Heated like a warm bath)

U3A members receive a special price discount of \$6 per 1 hour session.

*Shirley Hopkins*



### Garden Lovers

By now our Cancer Morning Tea will have been held, hopefully with lovely mild weather. Although early meetings are difficult because of the heat we've had great venues, such as the library, where we gained knowledge about those 'machines' and the advantages of using Zinio for access to online magazines.

Jackie again offered to host the group, although her garden had been affected by the cyclone. Jill opened her house and garden for our pleasure, and information, via a wonderful speaker on bush tucker. It is a definite plus that garden lovers are also great providers of yummy food!

*Virgina Latty-Weir*

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### Writing for Pleasure Group

The group meets at the School of Arts Building 1<sup>st</sup> Wednesday of the month and on the 3<sup>rd</sup> Wednesday, mainly in the Botanical Gardens, unless advised elsewhere.

Pictured below is Rodger Williamson, June Wright and the group, engrossed in trying to work out one of Judy Whitworth's (group leader) word quizzes.



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*Thank you to those who supplied articles or photos for this issue. It was wonderful to see so many; the more diverse the contributions, the more interesting the reading.*

*Do you have a brain teaser you have developed; a joke, a short story, a poem or a photo for the next issue?*

*Editor*

*Note: apologies for any entries that have been edited or omitted due to space constraints.*

## U3A Activities 2015

[Revised 19<sup>th</sup> May 2015]

**Legend:** \* = Continues all year

**NA = New Activity**

**SA = Shared Activity**

**NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.**

Activities	Times	Venue	Contact	Phone
<b>Monday</b>				
<b>General Meeting ~</b> monthly 1 <sup>st</sup> Monday (excluding January)	9.30am	Frenchville Sports Club, Clifton Street, North Rockhampton (Lunch to follow)	Ann	4922 1581
<b>Bushdancing SA*</b>	Weekly 7.00pm - 9pm	Rockhampton Pipe Band Hall Gladstone Road, Rockhampton <b>Cost ~ \$5</b>	Shirley Leonie	4936 4792 4922 5887
<b>History Group</b>	3 <sup>rd</sup> week 2pm.	Settlers Village Community Centre Pauline Martin Drive -off North Street	Ann	4922 1581
<b>Tuesday</b>				
<b>Aerobics</b> <b>Resistance Training</b> <b>SA*</b> <b>Swimming</b>	9am - 10am 7.30am - 8.30am Initially, then Any open hours	Community Sports Centre, Yaamba Road, North Rockhampton <b>Cost for all 3 activities on any single visit ~ \$6</b>	Sports Centre Jill	4923 2159 4928 7715
<b>Aqua Aerobics SA*</b>	Weekly 11am - 12noon & 6pm - 7pm	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Shirley	4926 1650 4936 4792
<b>Investment Group</b> <b>Discussion SA*</b>	3 <sup>rd</sup> week 10am	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
<b>Mah Jong</b>	Weekly 1pm	Women's Health, Bolsover Street cnr Derby Street, Rockhampton	Kathy	4933 4601
<b>Singing Group</b>	Weekly 9.30am	284 Upper Dawson Road, R'ton.	Glenda	4922 3662
<b>Tai Chi *</b>	Weekly 8am	Botanic Gardens, near Lagoon, Rockhampton	Virginia	4921 1602
<b>Wednesday</b>				
<b>Book Lover's Group</b>	4 <sup>th</sup> week 10am	Settlers Village Community Centre Pauline Martin Drive -off North Street	Sally	4926 1574
<b>Embroidery</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 1pm - 4.30pm	CQU room (beside CQU Campus Reception)	Pat	4927 4493
<b>Speech Group</b> <b>('In Voice')</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Weeks 9.30am - 10.30am	200 Frenchville Road, North Rockhampton	Valda	4928 2119
<b>Writing for Pleasure</b>	1 <sup>st</sup> week 9.15am - 11.15am 3 <sup>rd</sup> week 9.15am - 11.15am	School of Arts, Bolsover Street, Rockhampton.  Botanical Gardens	Judy	4927 4468



# U3A Activities 2015

[Revised 19<sup>th</sup> May 2015]

**Legend:** \* = Continues all year

NA = New Activity

SA = Shared Activity

NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.

Activities	Times	Venue	Contact	Phone
<b>Thursday</b>				
<b>Aerobics</b> <b>Resistance Training</b> <b>SA*</b> <b>Swimming</b>	9am – 10am 7.30am - 8.30am Initially, then Any open hours	Community Sports Centre, Yaamba Road, North Rockhampton <b>Cost for all 3 activities on any single visit ~ \$6</b>	Sports Centre Jill	4923 2159 4928 7715
<b>Aqua Aerobics</b>	Weekly 9.30am - 10.30am & 5.30pm - 6.30pm	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Shirley	4926 1650 4936 4792
<b>Discussion ~ Current Affairs</b>	3 <sup>rd</sup> week 3pm - 5pm	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
<b>Photography Group</b>	Every 2 <sup>nd</sup> Week 3pm [from 9/10/14]	Technology Centre ~ New Library, Bolsover Street, Rockhampton.	Phil	4928 7769
<b>Friday</b>				
<b>Armchair Travel</b>	3 <sup>rd</sup> week 9.30am -11.30am	Athelstane House, Ward Street, Rockhampton (Bowls Club) Please bring a plate for morning tea	Jackie	4922 7976
<b>Garden Lover's Club</b>	4 <sup>th</sup> week 9.30am	Different Garden each month ~ advised at General meeting Please bring a plate for morning tea	Virginia	4921 1602
<b>Line Dancing</b>	Weekly 2pm – 4pm	Square Dancing Hall, Kingel Park, Fitzroy Street, Rockhampton <b>Cost ~ \$6</b>	Sue	4922 3421
<b>Pencil Drawing</b>	1 <sup>st</sup> week 9.30am -11.00am	7 Gardenvale Court, Hillside Estate, (off Norman Road) Nth Rockhampton	Keith	4928 9505
<b>Tai Chi</b>	Weekly 7.30am - 8.30am.	Temporarily at CQU Gym complex near oval or under cover <b>Cost ~ \$2.</b>	Shirley Pam	4936 4792 4928 1130
<b>Saturday</b>				
<b>Aqua Aerobics SA *</b>	Weekly 7am - 8am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Shirley	4926 1650 4936 4792
<b>Personal Arrangements</b>				
<b>Computer Classes</b>	Weekly ~ 2 hours	Technology Centre, 1st Fl., Library, Bolsover St, Rockhampton.(How to Drive a Computer, Windows 8, Files & Folders, Word 2010, PowerPoint, Personal & Computer Security, Email, Digital Photography)	Chris or Donna	4936 8212 or 1300 225 577
<b>Family History &amp; Genealogy</b>	By appointment	Consultation at tutor's or person's home	Helen	4928 2233
<b>Heraldry</b>	By appointment (contact tutor)	190 German Street, Norman Gardens, North Rockhampton	Ken	4928 3687

**Learning at Leisure – Learning for Pleasure**

