

# U3A THE QUARTERLY FLYER

## Rockhampton & District Inc

MARCH  
2018  
Volume 1/2018

After a busy 2017, 2018 activities began with the 5<sup>th</sup> February Sign on day and then an amazing campus canvas tour at CQUniversity with artist, Bill Gannon (pictured below, left). Two of the buggy drivers, Deputy Chancellor, Robyn Minchinton and Vice Chancellor, Professor Scott Bowman are pictured bottom right.



**General Meeting** 1st Monday of each Month (ex January) 9.30am at Frenchville Sports club  
Next meeting after March 5<sup>th</sup> 2018 (AGM): April 9<sup>th</sup> 2018

U3A Rockhampton – PO Box 8160 – Allenstown – Rockhampton Q – 4700  
Web: [www.u3arockhampton.org.au](http://www.u3arockhampton.org.au) Email: [u3arockhampton@hotmail.com](mailto:u3arockhampton@hotmail.com)

## 2017 COMMITTEE

<b>President:</b>	Phil Morisette	Ph 49287769
<b>Vice President:</b>	Keith Bambrick	
<b>Activities:</b>	Judy Sutton	
<b>Secretary:</b>	Joan Cooper	Ph 49333190
<b>Treasurer:</b>	Maurice Dittman	
<b>Social Organiser:</b>	Nancy Crapp	
<b>Guest Speakers:</b>	Judy Nutley	
<b>Assistant Secretary:</b>	Lenore Cook	
<b>Publicity:</b>	Ann Findlater	
<b>Web Coordinator</b>	Nick Quigley OAM	vietvets@gmail.com
<b>Journal Editor:</b>	Elaine Ross	
<b>Quarterly Flyer email:</b>	<a href="mailto:zebu3.u3a@gmail.com">zebu3.u3a@gmail.com</a>	
<b>Annual fee due 31<sup>st</sup> December:</b>	\$15.00	
<b>Joining Fee</b>	Nil	
<b>New members (July 1 – October 30)</b>	\$7.50	

Check out the Quarterly Flyer in colour

<http://www.u3arockhampton.org.au/images/qfmar18.pdf>

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with Phil Morisette



My December report always contains anticipations of two events still to happen in the hope they turn out right. Happy to report in this journal that our Christmas lunch was an outstanding success, thanks to our in-house talented performers including our new group of drama devotees and the huge multi draw raffle which was financially supported by our 130 plus members.

Our December meeting also coincided with the annual Show & Tell which was expanded to include an invite to the general public seniors in the hope of encouraging new members. This was supported by a generous funding grant from U3A Network Queensland of \$400 which was placed towards advertising and printing. We gained 12 new member applications which were processed at a special committee meeting held in conjunction with the committee's Christmas lunch at Yeppoon.

Our committee met mid January where we decided to spend \$200 from our own funds to promote our first general monthly meeting for 2018 as our

"Sign-on" to, once again, attract new members. This resulted in a surge of 20 new applications, the

strongest for a long time. I believe it's the result of, not only advertising, but the member's satisfaction with our organisation rubbing off onto their friends, relatives, neighbours and acquaintances. I've long held this view and will continue to believe that word-of-mouth is some of the best promotion we can get.

As you read this, nominations should have been placed for all positions on the Management Committee for election at the AGM to be held on Monday, 5th March. Please consider volunteering your time to help manage our growing numbers. If paper nominations aren't received, nominations will be called from the floor at this meeting.

It's been a great start for our new year. Let's hope we can keep the momentum growing at U3A Rocky.

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Dear U3A members,

**Vocational Education and Training provides our region with a strong workforce.**

It has now been almost four years since CQUniversity merged with CQ TAFE in an historic event for education and training in Queensland.

The merger established Queensland's first dual sector university and provided students and employers in Central Queensland with more choice than ever before when it came to skills and training.

The University recently hosted our regular TAFE careers expo in Gladstone, Mackay and Rockhampton and the events were some of our best attended to-date with a large number of attendees visiting as they were looking to take the next step in their career or make a career change. For many of these attendees they see a TAFE qualification as a great way to gain practical skills and knowledge that will allow them to take that first step.

Vocational Education and Training is fantastic as it offers students so many options – whether it be learning something new through an apprenticeship, traineeship or formal qualification or just providing opportunities for people to try something new by way of a short course.

So that we can showcase our VET offerings, all U3A members will be invited to a tour of our Rockhampton City Campus later in the year. The tour will provide an opportunity for members to



explore some of the vocational training facilities before enjoying morning tea at Willby's training restaurant.

**Professor Scott Bowman**  
U3A Rockhampton Patron

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## CHRISTMAS LUNCH CELEBRATIONS

(more pics on back page)



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## Date Claimers

March 5<sup>th</sup>

March 12<sup>th</sup>

April 9<sup>th</sup>

Meeting; AGM; March Journal  
RACQ Helicopter Rescue Centre  
9<sup>th</sup> April (NOT 1<sup>st</sup> Monday due  
to Easter)

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NICK'S  
TECH

Christmas is over and done, but were you lucky enough to be given a new piece of technology and you don't have enough time to go to classes at the City Library, somehow you have got to learn at home. Well you are in luck, Tech Savvy Seniors can now take advantage of Telstra's home training <https://www.telstra.com.au/tech-savvy-seniors/training-guides> and you can pick any device to learn about and all in your own time.

You can still book a class at the Library Technology Centre in Bolsover Street and do the first basic computer course called 'How to Drive a computer.' There's no age limit for learning about computers, iPads, androids, smartphones, etc.

The Wall Street Journal sums up how seniors find learning technology difficult when they ask the grand kids for help:

<https://www.wsj.com/articles/want-to-get-tech-savvy-dont-ask-your-children-1502294980> a good article to read.

If you are looking for an alternative way to buy a computer I can recommend (I don't have shares or kick backs) WorkVentures.

[www.WORKVENTURES.com.au](http://www.WORKVENTURES.com.au) Phone 1800 112 205. I recently bought a desktop for my grandson's 9<sup>th</sup> birthday. It took 2 days to arrive from Mascot via Toll Transport. Intel Core i5 from Dell, 8Gb RAM, 1 TB hard disk, DVD burner, 22inch monitor,

keyboard and mouse, Windows 10 Professional, Office 2010 Home & Business plus freight \$40, in total \$622. Great PC for homework and searching the web.

At the moment Office Works has specials on USB storage: USB2 8GB for under \$5 and 2 pack 16GB Emtec for under \$12. It pays to check the bargain boxes each time you visit.

If you are into photography a very good FREE program to download is **Gimp**.

<https://www.gimp.org/downloads>. You will be able to do nearly everything in Gimp that you can do with Photoshop without the price tag.

Next on the list is a word processor. You can buy Microsoft Office, but there are numerous programs available that do the same thing but cost you much less in \$\$\$.

Download **LibreOffice**

<https://www.libreoffice.org/download/download>.

Do you have a smart phone ie. a flat screen tablet phone and you find it runs out of power at very inconvenient times? The answer is a power bank and there are many types and sizes. <http://www.auspowerbanks.com.au> has a good selection. One I looked at was a solar charged unit able to charge two phones and has a capacity of 10,000mAh. You will love this: it is just over ½ inch thick, 2 ¾ inches wide and 5 ½ inches long and for \$55 it will charge your phone more than 500 times.

If you own an iPad, you could go camping for the weekend and never run out of power.

Although the experts say don't **write your password down**, it is good practice to keep a notebook with your user name, passwords email addresses and passwords and when you change your password make sure you update your notebook. Take care when writing in your book that you can read what you have written and that it is correct. Remember you have user names and password for Mail, Facebook, Instagram, Pinterest, computer security, PIN on your phone and iTunes account, The Morning Bulletin, everything that you have to Log into. Some devices will lock up after a number of tries and getting it wrong.

**The NBN is coming to your area.** Be aware of the process you will need to carry out to change over from ADSL to NBN <https://www2.nbnco.com.au>. There are lots of options and packages and you don't have to stay with your present provider if you find a better offer elsewhere. Start searching now. Remember that your house phone is affected too, you can keep your number, but the phone will only work plugged into your modem, not the wall socket.

Nick Quigley OAM

## IN VOICE

Looking for a new interest? You would be very welcome to join our small enthusiastic group. Our aim is to put feeling into our chosen poetry. You do not have to learn poems by heart as your poetry book is in front of you at all times.

We meet on the first and third Wednesdays at Virginia's home as 304 Kent Street 9.30am to 11am followed by morning tea.



Contacts: Virginia on 49211602 or Valda on 49282119

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## FRIDAY TAI CHI



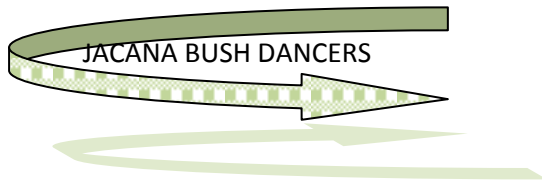
with Shirley Hopkins

Friday morning Tai Chi, 7:30-8:30am at the Kershaw Gardens. You could hardly ask for a more pleasant site for a relaxing hour of tai chi and shibashi-type exercises... a shady spot with morning bird calls and the view of the Garden's pond.

Enter off the traffic circle near Stocklands, park and walk over the hill to join the class any Friday morning. There is even a shelter where we can do some exercises in the event of rain. Call Shirley (07 4936 4792) for details.







with Leonie Keene

The bush dancers are a very hardy dedicated lot, dancing on through the hottest of our summer nights. We took only two nights off over the Christmas period: Monday the 25th December & Monday the 1st of January 2018.

We still continue to meet at the Rockhampton Pipe Band Hall next to a "Man's Toyshop" on Gladstone Road on Mondays 7.00 - 9.00pm. A light supper is provided in the entrance price of \$5 adults & \$1 accompanied children. Don't forget the first night is free.

So far we haven't attracted any interest from our open day despite handing out many leaflets. I hope other groups have had more success.

Recently our foundation member Shirley Hopkins arranged a dance on the evening of Australia Day 26th January. Due to Shirley's advertising on ABC radio & notice boards, a very successful evening attracted around thirty dancers who enjoyed a mixture of bush dancing & old time. Drakes IGA generously donated a \$10 voucher for the lucky door. Shirley supplied two lovely crochet hangers as a Monte Carlo prize. To add to the Australia day theme, lamingtons featured prominently on the supper menu.

It was good to be back at U3A on the 5th February & owing to the large number of new members, our open day in December was a great success.

The sign on day was popular with many members signing up for one or more activities.



For any enquiries please phone Leonie Keene 49225887.

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## WRITING FOR PLEASURE GROUP

with Judy Whitworth

It's back to 2018 and we are looking forward to a bright year ahead. Our big announcement is the writing competition.

WRITING COMPETITION OPEN TO ALL MEMBERS OF U3A

Closing Date: Monday 2nd April 2018

Entry Fee: \$5

Prize: Jane Austen Bonnet Dramas  
(Pride and Prejudice, Sense and Sensibility, Emma)  
34 hours of listening pleasure on 30 CD's!

The Rockhampton U3A Writing for Pleasure Group regularly publishes a book of short stories. We wish to open our competition to all members of the U3A or any one of their friends who may be interested. We accept any theme and any genre but there are three stipulations. Firstly, your story has a link, however tenuous, to Rockhampton. Secondly it is written for an audience of over sixteen years of age and finally, it is to be no more than 1500 words in length using the font, Times New Roman 12.

Do not put your name on your story. Fill out a cover sheet with both your name and the title of your entry along with the number of words in your entry. Attach the \$5 entry fee in an envelope to the cover sheet. Final entries must be handed in at our April Open Meeting.

If you wish to support our Group and Australian literature in general, why not purchase a copy of *People and Places* or *It's A Lottery* at \$10 each or the two for \$18? They make great gifts. We really appreciate your support which will go towards publishing an anthology which will include some of your best entries from this competition.

Contact Judy on 48 366 133 or  
[judywhitworth21@gmail.com](mailto:judywhitworth21@gmail.com) or speak to any of our WFP Group.

Some of our group at the Christmas lunch presentation



U3A'S own Isabel Hoch was recently awarded an Hon. Doctorate of Literature at CQUniversity in recognition of all the research she did and all the books she wrote centred about Rockhampton and its people, the railway and councils Queensland wide.

Pictured below is Isabel receiving her award from CQ University Chancellor, John Abbott.



(photo courtesy CQUniversity)

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with Activities Coordinator, Judy Sutton



I am pleased to advise of our new group, CARDS AND SCRABBLE starting in March. This Activity will be held at Oaktree Retirement Village, Glenmore Road on the 1<sup>st</sup> and 4<sup>th</sup> TUESDAYS of the month, beginning on Tuesday, 6<sup>TH</sup> MARCH at 9am. Alan Watts (pictured) has agreed to co-ordinate this group with Judy doing 4<sup>th</sup> Tuesday.



Everyone is welcome to join in and please bring Scrabble Boards and Cards if you have them. The cost will be 50 cents which will cover the cost of Morning Tea.



with Annette Maclean

We hope everyone had a happy, healthy and safe Christmas and New Year.



We have started back at water fitness which is held at Caribee Swimming Academy on Tuesdays at 11.00am, Thursdays at 9.30am and Saturday mornings at 7.00am. The sessions are 1 hour and held in a heated pool with easy access. We have new people joining our fitness sessions and we would welcome more men to attend as it is not just for ladies. The heated pool is very therapeutic for your aches and pains so come join in the fun. Visitors are most welcome.

For enquiries please contact Annette on 0499265992.

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## SHOW AND TELL

4 December 2017

This year our show and tell included an open invitation to the public. Although the weather threatened to add a splash to the morning, we gained several new members and enjoyed the entertainment.







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*with Keith Bambrick*



The group continues to meet twice a month and we are hopeful of getting more members.

Please consider joining us. You won't be expected to perform beyond your limits. Actually you don't know what your limits are until you try. Come and be somebody else for a change. It's really fun.

Our skit for the Christmas Lunch, 'Snow White and the Dwarfs' was primarily written by Ann Findlater. Below is a photo of our skit 'The Vicar of Depot Hill' written by member Arthur Beavan that we presented for Show and Tell.



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## SIGN ON DAY

5<sup>th</sup> Februarv 2018



It was a big day for our sign on with many visitors and new members in attendance. Each of the groups presented lists for new and current members to register their interest.

This proved a good opportunity for getting to know the activities on offer and being able to connect with group coordinators and other members.



Generally we all remember where we were during a significant event, such as when Princess Diana died and when President Kennedy was assassinated as examples. Attendees at our February meeting were asked to contribute if they wished, a few lines about where they were when man first walked on the moon. This should make interesting reading.

Ann Findlater

When man first walked on the moon on the 21st July 1969 (Aus time), I was 9 months pregnant and my baby was 10 days overdue. I was so uncomfortable and prayed that this baby I was carrying would hurry up and do something about coming into the world. On the 21st July I remember thinking that I just had to go into labour on this day as surely this child was just waiting to come on this memorable day. After all, this must have been what it was waiting for. There were no scans in those days and we didn't know we were expecting a second son. I remember my Dad and Mum picking up my two year old and myself and taking us to watch TV with them for the day as they had a better television than ours. I tried to drink castor oil but chickened out at the last minute.

Well nothing happened and my second son was not born until the 24th July. Some babies that were born on the 21st were named after the men who were so famous for going to the moon. It was the 20th July in USA and the 21st here if I remember correctly.

Alan Watts

I was in grade 7 at Park Avenue school. The school had only one TV. Everyone who was able to go home and watch the moon landing was sent home. I went to a friend's place and watched it. A girl who lived behind the school got into trouble next day as the teacher saw her playing in her front yard instead of sitting glued to the television.

Just a coincidence!

Who could forget the day man first landed on the moon. Memories were aroused when Elaine announced at the first U3A meeting of the year that she would like some thoughts of that day to include in the next journal.

'I wasn't doing anything exciting', said Wendy, 'I was on the 1<sup>st</sup> floor of the CREB (now Ergon Energy) watching it all on a black and white television that was brought in for the occasion.'

'I was there, too,' piped Joan.

'I guess I was there as well' Bev added.

It is a strange coincidence that the three of us were sitting together at the meeting. We might have known each other by name in 1969 but after all those years, we share a friendship within the U3A.

*Wendy Harris; Bev Connor; Joan Brown*

Gordon Sue

My family had a small crops farm and spent Sunday picking, packing and loading the truck with cauliflower, beans, tomatoes, cabbage, carrots and beetroot. To be first in line, at 5am Monday the laden truck was taken to the COD and Growers fruit and vegetable wholesalers in Rockhampton. Then it was home for breakfast and back to work. However, Dad and I took an extended lunch— which was very rare —to go home to watch the moon landing — then back to work.

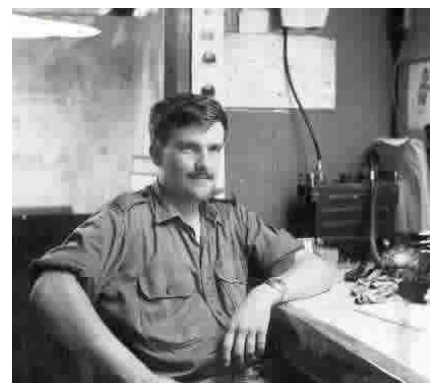
Judy Whitworth

I remember where I was when I saw the telecast of the first man on the moon.

I was sitting on the side of my husband's bed watching the news on a second-hand B/W TV while he lay in traction after being released from hospital with a fractured coccyx from an accident at work.

Years later a member of Apollo 15 crew, from the 4th landing on the moon, and the 8th person to step on the moon, James Erwin, visited Rockhampton and we saw a replica of the 'moon rock' and chatted to him. He wrote the book 'To Rule the Night' so that is probably why he was in Rocky.

Nick Quigley OAM



**Sunday (US time), 20 July 1969**, this year marks the 49th anniversary of the Apollo 11 moon landing, when American astronaut Neil Armstrong became the first person ever to step on the lunar surface. I was 23 years old and one of the Australian 104 Signal



Squadron members posted to Bearcat Tactical Operation Command in the Long Thanh area which was a huge US Military helicopter base and the home of the Royal Thai Army Volunteer Forces Vietnam.



I was working on behalf of the Thais as a Radio Operator when at 10:56 pm EDT Armstrong stepped on to another world. With more than half a billion people watching on B&W television, he climbed down the ladder and proclaims: "That's one small step for a man, one giant leap for mankind."

Bearcat was in a Yellow alert and ready for a surface attack. A US AC47 Spooky gunship was flying around literally hosing a target on the ground with 3 miniguns firing 6000 rounds a minute into the target.

Nancy Crapp

I was working in the Operating Theatre at Preston and Northcote Community Hosital in Melbourne. The senior anaesthetist bought in a TV set and we all stopped work to watch the landing.

Professor Scott Bowman

I was five years old and attending St Mary's Primary School in Burton, Latimer, UK. We were taken out of class to watch the landing in a room with a Black & White TV. I can recall that we didn't see too much as the picture wasn't very clear.

Rod Stickley

Mum and I saw it as it happened. We were sitting in our living room watching the TV. We saw the man named Armstrong make history on 20<sup>th</sup> July 1969 by walking on the moon.

That date was the twenty-fifth anniversary of the bomb plot to kill Adolph Hitler. The earlier occassion was a failed attempt to bring about peace. The latter was a landmark achievement in the post war peace.

It was 'One small step for man, one giant leap for mankind.' May there be many more.

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## CANVAS CAMPUS TOUR

On Monday 12<sup>th</sup> February, U3A members were treated to an afternoon drinks and nibbles outside chancellery lawns at CQUniversity. This was a prelude to a tour of the campus murals by the artist Bill Gannon who gave us enlightened commetary, alsong with several university staff.



To round off the day, President Phil presented the \$750 bursary cheque to VC Professor Scott Bowman. Money from our meeting raffle goes toward this bursary which is awarded to a local student. The previous winner was studying to be a paramedic.

*Editor: We had a packed year in 2017. March will see our AGM and some new faces on the committee. It has been a pleasure to work with the existing group. Any new member/s will be welcomed and supported by both past and present executive. Welcome to 2018.*

**U3A Activities 2018**  
[Revised 6<sup>th</sup> February 2018]

**Legend:** \* = Continues all year

**NA = New Activity**

**SA = Shared Activity**

**NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.**

Activities	Times	Venue	Contact	Phone
<b>Monday</b>				
<b>General Meeting ~</b> monthly 1 <sup>st</sup> Monday (excluding January)	9.30am	Frenchville Sports Club, Clifton Street, North Rockhampton (Lunch to follow)	Phil	4928 7769
<b>Bush dancing SA*</b>	Weekly 7.00pm - 9pm	Rockhampton Pipe Band Hall Gladstone Road, Rockhampton <b>Cost ~ \$5</b>	Leonie	4922 5887
<b>History Group</b>	3 <sup>rd</sup> week 2pm.	Oaktree Village, 155 Glenmore Rd., Park Avenue	Ann	4922 1581
<b>Tuesday</b>				
<b>Senior-Fit Class</b> <b>Resistance Training</b> <b>SA*</b> <b>Swimming</b>	8.30-9.30am 7.30am - 8.30am Initially, then Any open hours	Community Sports Centre, Yaamba Road, North Rockhampton <b>Cost for all 3 activities on any single visit ~ \$6</b>	Sports Centre or Rhonda Barb	4923 2159 4819 1739 4928 7560
<b>Aqua Aerobics SA*</b>	Weekly 11am - 12noon	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Annette	4926 1650 0499265992
<b>Investment Group</b> <b>Discussion SA*</b>	3 <sup>rd</sup> week 10am	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
<b>Mah Jong I</b>	Weekly 1pm	Women's Health, Bolsover Street cnr Derby Street, Rockhampton	Lyn	4928 8136 0455288833
<b>Third Age Chorus</b> <b>Singing Group</b>	Weekly 9.30am	Youth Orchestra Room, Floor 1 Walter Reid Building Derby St., Rockhampton	Phil	4928 7769
<b>Tai Chi *</b> <b>Southside</b>	Weekly 7.30am	Botanic Gardens, near Lagoon, Rockhampton	Virginia	4921 1602
<b>Poetry for Leisure</b>	2 <sup>nd</sup> & 4 <sup>th</sup> weeks 9.15am – 11.15am	School of Arts Bolsover St., Rockhampton	Alan	4928 5319 0411469563
<b>Cards &amp; Scrabble</b> <b>NEW 2018</b>	1 <sup>st</sup> & 4 <sup>th</sup> weeks 9am – 11.15am	Oaktree Village Glenmore Road 50c tea/coffee	Alan	4928 5319 0411469563
<b>Wednesday</b>				
<b>Book Lover's Group</b>	4 <sup>th</sup> week 10am	Settlers Village Community Centre Pauline Martin Drive -off North Street	Sally	4926 1574
<b>Embroidery</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 1pm - 4.30pm	CQU room 41/G41. Turn right off Carlton St., into Blair Drive	Pat	4927 4493
<b>Speech Group</b> <b>("In Voice")</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Weeks 9.30am -10.30am	<b>New Venue 2018</b> 304 Kent Street, Depot Hill	Virginia Valda	4928 2119 4928 2119
<b>Writing for Pleasure</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 9.15am -11.15am	1 <sup>st</sup> week -School of Arts, Bolsover Street, Rockhampton. 2 <sup>nd</sup> week - Botanical Gardens near lagoon	Judy	4836 6133
<b>Drama Group</b>	1 <sup>st</sup> & 3 <sup>rd</sup> weeks 1pm – 3pm	Oaktree Village Glenmore Road 50c tea/coffee \$2 photocopying	Keith	4928 3849
<b>Music Appreciation</b>	4 <sup>th</sup> Wednesday 1.30pm – 3.30pm	17 Thora St., Gracemere	Nancy	4933 2722

**Learning at Leisure – Learning for Pleasure**

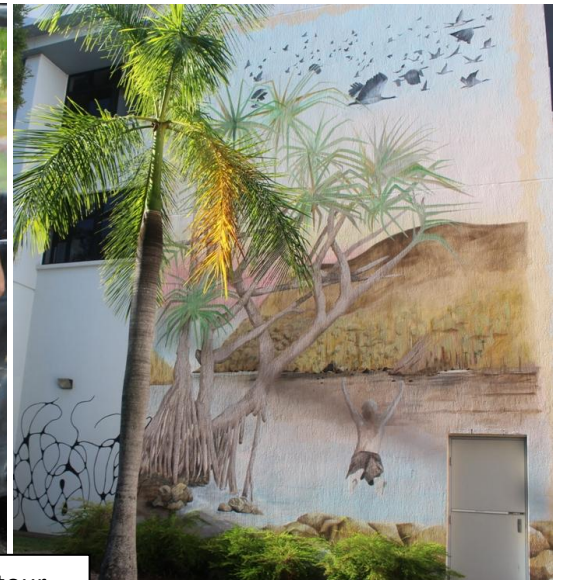


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<b>Activities</b>	<b>Times</b>	<b>Venue</b>	<b>Contact</b>	<b>Phone</b>
<b>Thursday</b>				
<b>Senior-Fit Class</b> <b>Resistance Training</b> <b>SA *</b> <b>Swimming</b>	8.30am – 9.30am 7.30am - 8.30am Initially, then Any open hours	CQU Community Sports Centre, Yaamba Road, North Rockhampton <b>Cost for all 3 activities on any single visit ~ \$6</b>	Sports Centre or Rhonda Barb	4923 2159  48191739 49287560
<b>Aqua Aerobics</b>	Weekly 9.30am - 10.30am 5.30pm - 6.30pm	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Annette	4926 1650 0499265992
<b>Discussion ~ Current Affairs SA</b>	3 <sup>rd</sup> week 3pm - 5pm	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
<b>Photography Group</b>	Every 2 <sup>nd</sup> Week 3pm [from 28/2/2018]	COIN ~ New Library, Bolsover Street, Rockhampton.	Phil	4928 7769
<b>Scrapbooking</b>	Last Thursdays 9.30am – 4.30pm	Oaktree Retirement Village Glenmore Road; 50c for tea/coffee	Ann	4922 1581
<b>Friday</b>				
<b>Armchair Travel</b>	3 <sup>rd</sup> week 9.30am -11.30am	Athelstane House, Ward Street, Rockhampton (Bowls Club) Please bring a plate for morning tea	Jackie	4922 7976
<b>Garden Lover's Club</b>	4 <sup>th</sup> week 9.30am	Venue advised at General meeting Please bring hat, chair & a plate for morning tea	Joan	49333190
<b>Line Dancing SA</b>	Weekly 2pm – 4pm	Square Dancing Hall, Kingel Park, Fitzroy Street, Rockhampton <b>Cost ~ \$7</b>	Sue	4922 3421
<b>Mahjong II</b>	Weekly 1pm – 4pm	Settlers Village, Pauline Martin Drive, Rockhampton	Judy	4928 1756
<b>Pencil Drawing</b>	1 <sup>st</sup> week 9.30am -11.00am	7 Gardenvale Court, Hillside Estate, (off Norman Road) Nth Rockhampton	Keith	4928 9505
<b>Tai Chi Northside</b>	Weekly 7.30am - 8.30am.	Kershaw Gardens (Knight Street) <b>Cost ~ \$2.</b>	Shirley Beth	4936 4792 4926 4374
<b>Saturday</b>				
<b>Aqua Aerobics SA *</b>	Weekly 7am - 8am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton <b>Cost ~ \$6</b>	Jodie Annette	4926 1650 0499265992
<b>Personal Arrangements</b>				
<b>FREE Computer Classes</b>	Various days Weekly ~ 2 hours	Technology Centre – 1 <sup>st</sup> Floor RRC Library Bolsover Street, Rockhampton.  (How to drive a computer; Windows 10; Files & folders; Internet made easy; Word 2010, PowerPoint 2010; Personal & computer security; Email made easy; digital photography)	Chris or Donna	4936 8212 or 4936 82188





CQUniversity Campus Canvas tour



Christmas lunch 27 November 2017

