



Pictured at the launch of *Mayhem, Mysteries & Memories* from left to right: Illustrators, George Shuttleton and Maurice Dittmann and writers, Elaine Ross, Judy Whitworth, Julie Davies, Joan Brown, Betty Muston and Leslie Smith.



A day at the races and a visit to CQUni Innovative Research Precinct



General Meeting 1st Monday of each Month (ex January) 9.30am at Frenchville Sports club
Next meeting after 2nd September, 7th October, 2019

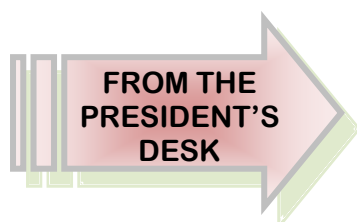
2019 COMMITTEE

President: Russell Daniels Ph 4819 1739
Vice President: Lance Cowan
Secretary: Bev Connor Ph 0488557721
Assistant Secretary: Lenore Cook Ph 49267499
Treasurer: Maurice Dittmann
Activities: Judy Sutton
Social Organiser: Christine Dobeles Ph 49261845
Guest Speakers: Judy Nutley
Publicity: Ann Findlater
Web Coordinator: Nick Quigley OAM
vietvets@gmail.com
Journal Editor: Elaine Ross
Quarterly Flyer email: zebu3.u3a@gmail.com
Volunteers Coordinator
and Past President Philip Morisette Ph 4928 7769
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Annual fee: \$15.00
New members (July 1 – October 31) \$7.50
Joining fee \$10.00
(includes name badge)

Check out the Quarterly Flyer in colour:

<http://www.u3arockhampton.org.au/images/sep19.pdf>



with Russell L Daniels



We currently have 434 members in U3A Rockhampton with an annual growth rate of 9.7%, and we are consistently approving new members every month at our committee meetings. The majority of the new applicants hear about U3A Rockhampton by word of mouth, so I would like to thank those members who have attracted new members by telling them about the benefits of being part of U3A.

I have recently been to Canada and Alaska, and as a result wasn't present at the June and July General Meetings. I would like to thank our Vice President Lance Cowan for stepping up to the role as President to chair the U3A Meetings in my absence. On my return to Australia, one of my duties as President of U3A Rockhampton was to attend Central Queensland University's 2019 Students Awards Ceremony on the 25th July where I met Johanna Scully and witnessed her receiving the U3A

Rockhampton award for achieving the highest-grade point average at the conclusion of theory courses in 3rd year Physiotherapy.

On the 24th July, I travelled to Mackay with Lance Cowan and Phil Morisette to attend U3A Network Queensland Inc. North Queensland Presidents Council, which was chaired by U3A Network President Gail Bonser (Twin Towns), Secretary Alison Taylor (Hervey Bay) and attended by members from the Capricorn Coast, Rockhampton, Townsville and Mackay. The purpose of the meeting was mainly information sharing, being an opportunity to see how the other U3A groups in North Queensland operate and possibly adopt some of their good ideas and avoid doing the things that didn't work well for them. After listening to the various Presidents give their reports, I am of the opinion that U3A Rockhampton is doing very well.

Phil Morisette represented U3A Rockhampton at the Annual General Meeting for U3A Network Queensland at the Waves Sports Club, Bundaberg on Thursday 16 May 2019. He addressed our General Meeting in June with the U3A Network meeting outcomes.

From mid-September, I will start visiting activities again with Judy Sutton. It will be an opportunity for us to see what you do and it will be your opportunity to tell us what equipment you might require to assist with or improve your classes, as we intend to apply for grants if the request can be justified by our grants writer, Lance Cowan.

This year we have had excellent guest speakers and outings, with more continually being planned and organised for the benefit of our membership. I was disappointed that I was away for the CQU Innovative Research Precinct tour in June as the research work that they do is extremely interesting. U3A Rockhampton has assisted the 'Be Connected' program by loaning our laptops to assist with computer training. Nick has often spoken about this program, as it is an Australia wide initiative empowering all Australians to thrive in a digital world. As an example of this, our Treasurer has commenced using EFT (electronic fund transfers) which will eventually eliminate the need to write and post cheques.

It was great to see a number of members wearing their U3A Rockhampton Polo Shirts at the August General Meeting. You can order a polo shirt with the U3A Logo from Totally Workwear, 413 Yaamba Road, North Rockhampton, where you can try a polo shirt on for size, colour and style.

U3A Rockhampton – PO Box 8160 – Allenstown – Rockhampton Q – 4700
Web: www.u3arockhampton.org.au Email: u3arockhampton@hotmail.com



with Professor Nick Klomp

After six months of seeking input across our national footprint and engaging extensively with our partners in the Rockhampton and Central Queensland heartland, I'm excited to share our Strategic Plan 2019-2023: Our Future is You.

The plan, publicly available on the CQUniversity website via www.cqu.edu.au/ourfutureisyou seeks to make CQUniversity a leader in providing seamless, full-spectrum education pathways, and to grow our reputation for engagement and inclusivity.

While we think locally, ensuring we serve the best interests of all our communities, we are also determined to act globally, by supporting growth in Australia and internationally in line with the United Nation's 17 Sustainable Development Goals.

The plan is outcome-focused and built around our strategic pillars: Our Students, Our Research, Our People, Our Communities, Our Reputation and Our Sustainability.

Those with connections to CQUniversity will already be seeing the first steps we are making in putting this plan to action, as we work towards a new student-centred curriculum, increasing our reach and impact, opening new community hubs for local education, and growing income from philanthropy and business, among many other practical goals.

In Rockhampton, the recent Festival of Change for students, staff and community was just one example of CQUniversity's efforts to support sustainable growth for our region to thrive, showcasing social innovation and enterprise that is making a difference.

During the Festival of Change, I participated in a panel discussion with United Nation's Association of Australia Executive Director Lachlan Hunter, who shared an Australian perspective on the UN Sustainable Development Goals, and how regional communities will be vital in driving and achieving them.

While there's much work ahead, there's also much to celebrate – not least, the life-changing efforts of so many of our students as they work towards graduation.

This year, CQUniversity Rockhampton North will host graduation events on Thursday, 22 August and Friday, 6 December, to celebrate the

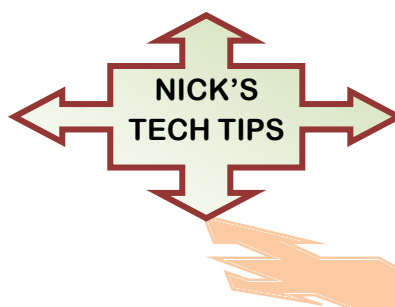
achievement of hundreds of our graduands. I hope many of you will have friends and family to support and celebrate at these events and look forward to seeing you there.

Thank you for your interest and support as I dived in to my first six months as Vice-Chancellor, and I look forward to sharing our results with you as we work for a more sustainable and purposeful CQUniversity.

Yours sincerely,

Nick Klomp

CQUniversity Vice-Chancellor and President



with Nick Quigley OAM

Still having trouble with your phone, iPad, laptop? The best place to learn about how to use any of these is to attend the Rockhampton Library's *Be Connected* programs where you can learn how to do banking, how to use MyGov and learn how to use your iPhone or your Android phone. Do you want to customise a new laptop for your use or know how to find local help? There are many more subjects and the service is free.

On our **own u3aRockhampton web site** on the top left side you will find a link called LTC Computer Courses or just CTRL-left click here for **LTC COMPUTER COURSES** for those with a digital copy of the Quarterly Flyer. The more courses you attend, the more enjoyment you'll get and you'll have a greater understanding about what to do. The tutors at the classes started as students and became a special breed of very dedicated volunteer tutors.

If you live on the Northside you can attend *Be Connected* courses at *Oak Tree* when advertised. Contact Desley Cowley 0400 824 936 for more information. Courses are run by the National Seniors Capricornia branch *Be Connected*.

A team of volunteers runs a group called *Tech Troubles* at the two city libraries. 2pm on Tuesday and Thursday at Northside Berserker St Library and 1:30pm on the Southside at the Bolsover St City library. You can get assistance on any technology, iPad's, Android Tablets, cameras, laptops, iPhone's, Android phones and desktop computers, Nav/GPS

devices and other hardware and many varieties of software.

You are not alone. If you go to a new computer retailer, ensure you know what you want before you go. Talk to a user to find out what you can do and what you would like to achieve. If buying a laptop make a list e.g. i5 processor, 8Gb Ram, 240Gb SSD, 15-inch monitor, Wi-Fi adaptor, wireless mouse. Also, do you want to print? This is another look and listen exercise at Office Works. If you only need to print A4 paper size and maybe photos, you should be able to get a good printer under \$150, Check out the cost of ink before you buy.

The salesperson will tell you all sorts of stuff that you will not understand so be careful and know it looks daunting, but the sooner you start, you will wonder why you didn't start sooner.

Remember if you are thinking about buying a home computer or a laptop look first at new/second hand <https://shop.workventures.com.au>. You pay freight on these computers and select yourself a good second hand ex Govt computer with the latest Windows and Office installed. Read the screen carefully to ensure you know what you are ordering. You should also compare prices at <https://laptop.com.au/cheap-renewed-laptops>. No freight on their computers.

I also suggest that you register with **PayPal** and get yourself an account. It is a very simple process for peace of mind when paying over the Internet.

For our older generation who are having difficulty using their mobile phone because the icons are so small there is an answer. If for users who only send text, make and receive calls, take photos, want to know the time and date, a contact list, then you could use an app called *Big Launcher* or *Help Launcher*. But I advise you to get help before installing these Apps. Attend Tech Troubles for their ideas.

All the best in Bits and Bytes
And confusion

DATE CLAIMERS

2 nd September	Meeting & journal issue
9 th September	Mystery tour
7 th October	General meeting
28 th October	Volunteers & tutors morning tea
25 th November	Christmas lunch
2 nd December	Show & Tell & journal

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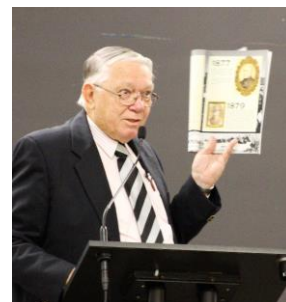
GUEST SPEAKERS

with Judy Nutley

June - Professor Dave Swain from Central Queensland Innovation Research Precedent at the CQU. He is pictured below, assisting vice President, Lance Cowan with the raffle.



July - John Day from the Rockhampton Jockey Club at Callaghan Park, talked about historical happenings from articles in his book (Celebrating 150 years of racing).



August - Gavin Tickle from Central Queensland Livestock Exchange talked about changes to the Sale Yards and New Technology. He is pictured with President Russell Daniels



LOVE TO WOORABINDA

from Shirley Hopkins

Many thanks to U3A donors who responded so generously to my request and those who contributed to our Swap stall which made \$90. I collected 4 stripy bags of goods with the promise of more items. Margaret of Caribae, our aqua venue, has donated several bags from lost property and other donors. Congratulations! All items will be appreciated.



with Christine Dobeles

June: we toured the CQ Innovative Research Precinct where we learnt about the ground-breaking research that is being conducted in beef/sheep industries.

With the use of technology, it will enable large beef and sheep producers to monitor the condition of their livestock via data that is recorded when the stock walk over a weighbridge on their way to water each day.

Innovative development has seen a world first mango auto-harvester and the development of infrared spectroscopy (NIRS). This technology is used to assess when mangoes are at their peak for harvesting.

We also saw the research that is looking into bio fuels and as an aside we learnt about the characteristics of the Agave species and their past use in alcoholic beverage production such as 'Tequila'. Ethanol Production from these plants is comparable to ethanol yield from sugarcane and other currently used plants.

We will keep in touch with the Research Precinct to keep up to date with their developments and research and will certainly book return visits.

We were told on the day that they would like to host us again also.

We were amazed with the topical research that is being conducted at our local CQUniversity.



July: our tour was actually on the 1st of August where we helped all horses celebrate their birthday by attending a race day at Callaghan Park.

This was a very informative, educational and fun filled day. Some members learnt how to place a bet on the TAB.

Four lucky members were dressed in the same colours as the winning jockeys of four of the local races. They won their own cup.

Because we all had a fantastic day dressing up and socialising, we are going to do it all again in 2020.



One outing organised, only nine more to go for 2020.

Our August outing will be on 26th and we have 60 members signed up for the tour of the CQ Livestock Exchange many will know this as the Gracemere Saleyards.

As the Journal will be off to the printers before we have gone on this tour, I will fill you in on it in the next Journal.



ARMCHAIR TRAVEL

with Jackie Geraghty, Convenor

May- Colleen Young Azamara Indonesia cruise 06/03/19 - 23/03/19

In March 2019 Colleen and Graham Young took Spirit of Qld to Cairns overnighting until they embarked on the Azamara Quest next day and cruised to Thursday Island, Darwin, Komodo Island, Bali, Surabaya and Semarang and Singapore. On a

bus tour in Darwin they visited the Museum, Naval Museum, fishing fleet, WW2 oil storage depot and Parliament House. During the cruise Graham had Insider tour of ship. Komado Island with guides they witnessed these large protected dragons and their nest mounds. Docking in Benoa Bali they took an excursion to Bali's highlands to Ubud. Onto Surabaya where they were met by beautiful singers and dancers. They took a walking excursion into mountains viewing a spectacular waterfall and experiencing an authentic Indonesian afternoon tea. At Semarang they visited Borobudur the largest Buddhist temple in the world built in 9th century. It had been abandoned covered in volcanic ash until 1814 when Sir Thomas S. Raffles was advised of its existence. It has been restored but closed to visitors at different times due to volcanic eruptions. The complex built on a hill is surrounded by landscaped gardens. The cruise ended in Singapore.

Colleen also showed photos of their visit to Chelsea Flower Show and Wimbledon Tennis Centre.

June – Sue Leach Italy & Switzerland and home via Singapore

Flew to Rome where the group visited Vatican City, St Peters Basilica, Pompeii and the underground caves of Orvieto, Sorrento, Capri and Positano on Amalfi Coast, Perugia famous for chocolate and its underground city. Witnessed the Palio di Siena a famous bareback horse race held in Sienna bi annually. In Tuscany they visited San Gimignano, Florence, Lucca & Parma. The group Cruised to Portofino and took a back-road tour of Venice visiting Morano glass factory. In Verona saw Juliette's house with famous balcony in Romeo and Juliet. Onto Switzerland and Lake Maggiore. Sue took a walk around St Moritz Lake which is surrounded by mountains and wood carvings along the pathway. They visited Grindelwald at base of Eiger Mountain and the Jungfrauoch ice palace. Sue visited the famous Huggler wood carving shop and in Lucerne saw the Lion Monument memorial. Onto Zurich and flew to Singapore where they took a short tour of city lights.

July – Wayne Litherland South Korea

They flew to Hong Kong and onto JeJu island for a few days before travelling to mainland. Highlights were Cheonjiyeon Falls, Spirited bonsai garden, Tiger Island with its lava joint Columns, National stone art museum. Onto Gyeongju highlights of which were Bulguksa Temple UNESCO listed, Cheomseongdau National Museum. The road systems are 4 lane highways which run through many tunnels. Piped music is played in the longer

tunnels and there are speed cameras everywhere. Also included in technology are defibrillators in streets for easy access. Seoul is a very modern city with vibrant street life. Subway systems have retail shopping. In the Demilitarised Zone between North and South is off limits at the surface but North Korea has built several tunnels into the South which can be visited to a certain distance. South Korea imports most fresh produce.



Calligraphy



with Virginia Latty-Weir

An unexpectedly wide interest has been shown in this new activity which is held at Settlers Community Area on the 2nd and 4th Tuesdays from 1-3.30 pm. The participants are very enthusiastic, and plans are in hand for a wondrous display at "Show and Tell" at the end of the year. Newcomers are welcome at any time, and only need to bring HB or B pencils and two pegs or bulldog clips for the 1st two or three sessions. Our lessons are well structured so that this activity is suitable for persons who may not be available for every session. Materials provided will enable the practice which is needed for success, to be done at home.



with Virginia Latty-Weir

This class on the 1st and 3rd Wednesday each month provides a great morning which finishes with morning tea and chat. We begin with exercises to aid breathing and strengthen facial and throat muscles and then progress to poetry. With its reading, interpretation of, and discussion, the morning flashes past.

Our volunteer tutor Alex Peacocke attends many of our sessions. Indeed, we have been most fortunate in the generosity of tutors over the years. New members are most welcome. Being active u3a people, 100% attendance at groups is rarely possible, so don't let other commitments deter you from joining in an absolutely fabulous activity

Tuesday Shibashi and Tai Chi.

This event is continuing at the beautiful location of the Botanical Gardens near the Murray Lagoon, adjacent to the Zoo. Start time is 7.30 am. Sessions last about one hour.

New participants are always very welcome, and being a small group, individual needs are factored in quite easily. Flat shoes and loose clothing are preferred for your comfort and ease.

If you wish to improve your breathing, concentration or balance, this is for you!

with Virginia Latty-Weir

BOOK LOVER'S GROUP

The book club is doing well, and we have welcomed Bruce, our first male. He has been well accepted to our group.

For myself, I like the idea that we share the different books we have read. This introduces us to authors we may not have known.

On average we usually have eight attending our meeting and everyone is very welcome.

We often have very in-depth conversations.

Thank you

Sheila Black. Contact is 49282810.



GARDEN LOVERS GROUP

with Joan Cooper

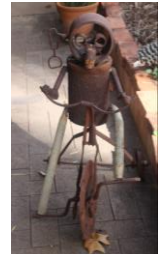
We are continuing to enjoy the outings with the Garden Lovers group.

In May, we visited a wonderful private garden on a very large house block in North Rockhampton.



The owners have won prizes for their orchids and also in the annual garden competition. They have a vast collection of bromeliads and succulents and many other plants and trees. The array of garden art was amazing as was their hospitality.

In June, we visited the Sculpture garden in Bouldercombe which was enjoyed by those who attended. I was unable to go because of a family funeral and thank Virginia for once again stepping in and taking my place.



In July, we went to Settlers Retirement Village in North Street. They set up morning tea for us in the BBQ area and the groundsman took us for a tour of the gardens. We saw some lovely gardens around the cottages as well as their very productive vegetable gardens which are going from strength to strength.

Please feel free to join us on the fourth Friday of each month. If you have a garden you would like to show us just let me know but there is no obligation to host a meeting if you are not in a position to do so.

FRIDAY TAI CHI

Four new members have joined us, Marilyn and Jeff and Norma and Jeff, we hope they will enjoy the exercise and join some other U3A activities. It was good to see Ann McHugh back again after a long illness and hope she has completely recovered.

Our class promotes relaxation and is held every Friday morning from 7.30 to 8.30 in Kershaw Gardens with entry in High Street opposite entry to Stocklands - rain, hail or shine. Beginners or advanced participants are welcomed by our tutor Lynn Zelmer, a member of the Academy. Our thanks to Kevin Langford for the photo.

Shirley Hopkins 4936 4792 or email shirleyz.au@gmail.com



ACTIVITIES

with Judy Sutton
Activities Coordinator

Our monthly lunches are becoming more popular with almost 40 now attending. Please feel welcome to attend as we strive to make everyone feel welcome.

- June – The Caves Country Pub



- July - Park Avenue Hotel
- August – The Heritage Hotel



Our Writing for Pleasure Group has a new Tutor, Julie Davies. We really appreciate all the volunteers who make our activities possible.

If you have any ideas for new activities OR are able to teach or co-ordinate an activity, please let me know.



WRITING FOR
PLEASURE GROUP

with Julie Davies

The U3A Writing for Pleasure group welcomes a new coordinator, Julie Davies. Members heartily thank Rodger Williamson for taking over at short notice for the past six months and are very pleased Judy Whitworth is back with them after her accident.

Julie has been writing in several genres for pleasure and profit for many years. She joined U3A last December to make new friends and to reignite her brain, as she's been suffering from RDD

(Relevance Deficit Disorder) since retiring five years ago.

This creative group would welcome new members. Monthly meetings are on the first Wednesday of the month, 9.15-11.15am, at south-side library. Members may read out some of their writing, if they wish, and also seek feedback. A writing topic is suggested for the following month but it's not compulsory, simply inspiration.

Most members are interested in polishing their skills in memoir or family history and some with fiction. Julie will run short tutorials whenever there's time after the readings.

The latest anthology of short stories, *Mayhem, Mysteries and Memories*, launched with the assistance of the Drama Group (below), will be available at our General Meetings for the bargain price of \$12. It is receiving good reviews.

If you'd like to nourish your creative urges, please call Julie on 0458 298 297.



Alert!! Joan Brown wishes to advise that her story, *Green, Turquoise and Khaki* is purely **fictional**.



JACANA
BUSHDANCERS

with Leonie Keene

We continue to meet every Monday night at the Rockhampton Pipe Band Hall Gladstone Road, (next to a Man's Toy Shop) dancing from 7.00pm - 9.00pm, with a light supper and chat afterwards.

We have been attracting good crowds lately, but no new members from U3A unfortunately.

We were invited to the Girl Guides camp recently. We demonstrated some dances and after some initial hesitation, the girls joined in with enthusiasm. The evening closed with a lovely supper. A good time was had by all.

Our AGM and a committee meeting were held on Monday 15th July. Our Executive remains the same with Beryl President, Ray Vice President, Dell Treasurer, and Maree Secretary.

Our Secretary Maree (pictured), celebrated her birthday recently with our traditional birthday cake.



We have one or two new faces on the committee.

Prices remain the same. Adults \$5.00, accompanied child \$1.00. Membership is \$6.00 a year giving the member voting rights. However, membership of the club is not mandatory and everyone is welcome to come along.

Hoping to see you there soon. Ph:49225887

FROGS OR POSSUMS OR ANY OTHER TOPIC

Question from Julie Davies:

"Have you ever wondered how frogs manage to excrete calling cards larger than their heads when they need rectums so small as to be water-tight? No? Just me then. Okay, I'll stop googling that one."

Some musings from Mary Semple: Frogs first:

The frog family of three
Sitting on a tree
Someone took a photo of me
Now I am famous you see
My photo is on a post card
For everyone to see
Now I get to travel the world
On a flat piece of paper
I get to delight everyone
With my spots and dots
I wonder if I will end up
Being painted on a rock.

.. and then Possums:

Four boys with motor bikes; let's go spend a weekend in Rob's grandparent's old home on Yeppoon Road.

We had visited for the day quite regularly when his uncle was still alive. I knew Possums lived in the ceiling of the old place because there were stains from them peeing on the bathroom floor.

Being a town girl, I always thought they were cute when I saw them sleeping in the rafters. HEY!!!!!! Rob's uncle used to feed them, how good was that to see.

Waking in the middle of the night to this god-awful noise, thinking maybe the old corrugated iron fire place had finally fallen off the side of the old house, but nooooo! - it was just the possums running around on the roof having fun.

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Although this photo I took is a little blurry, you can see how this frog got its name.

This 'white lipped frog' lives at the Moreton Telegraph Station camp grounds, in Cape York and often sits on a table in the café, as in this pic. Visitors just sit and talk to him while having a cup of coffee/tea. He doesn't give cheek.

Elaine Ross

This story from Roger Hooper was the result of a homework topic for members of the Writer's Group:

REGRET

Young people are the ones who own the present times, so things we care about must give way to what the young believe is good or smart or healthy.

These things are disappearing, and I miss them:

I've never smoked, but I miss the smell of pipe tobacco. I miss the way shops each used to have their individual smell - the old-time chemist, the ironmonger, the greengrocer.

I'd like to have again pastry and puddings cooked with lard and suet, to eat my cheese with bread gone stale, and to taste again clotted cream skimmed off the scalded milk.

I miss coal fires in open hearths. I miss the silence that existed in public spaces before the days of bland piped music and PA systems. I miss the book of common prayer and simple evensong in the church.

I miss the times when everyone you met would say 'g'day' and look you in the eye. I used to like comedians who didn't shout or swear and sportsmen who didn't aggressively celebrate every point they scored.

I miss the world where not everything had a price. And didn't there used to be politicians who put public service ahead of party loyalties? Were there such people, or did I just imagine them?

Callaghan Park Photo Finish

"I know my horse beat yours, the cup is mine, even the jockey said he was across the line first." But I'm sorry, the judge has called for a photo. All you can hear is the owners squabbling about the cup. I suppose there is big money in it. Then there is the rattle as the photo goes down the tube. The Judges have a quick look and it goes on down to the notice board where it is pinned up for all to see. The horse on the outside got it by a short half head. You can't beat the photo-finish.

For many years I worked at the gallops and later the trots too. The same camera was used for both, so here is a run-down on how it worked in the late 70's early 80's.

At Callaghan Park directly above and to the western side of the track was a tall tower. Half way up was the Judges box and on the top was the photo-finish box. A near vertical steel ladder was the only access to a trap door in the floor of the box. The only way chemicals and film got to the box was to be shoulder lifted up the ladder and through the trapdoor.

Before going up to the box we had to align the mirror with a marker on the western side fence and a marker on the tower and tighten the bolts at the base. At the base of the mirror was a spinning drum that held the date of the race meeting. The time of each race was controlled by a signal generated when the Gates opened and the horses started running. This signal turned a clock on in the camera and when the film went through, the date and time was imprinted on the bottom of the film. The film used in those days was the Kodak 620 Box Brownie Black & White film. The film was loaded into the camera device in pitch black conditions and all done by feel.

The camera was a photo lens with a fixed F stop that we set with a feeler gauge for the gallops in daylight and opened the gap again with a feeler gauge at night for the trots. The lens was connected to a gramophone turn table assembly which pulled the film through a box in the opposite direction to that of the running horses. Using the gramophone device, we could control the speed of travel of the film. If it moved too fast the horses on the film would be too long, so adjustments were made between races to correct this affect.

When the horses got to about 200meters from the finish we turned the camera on and off as the last horse crossed the line. The shutter went down, and then in a pitch-black box, we would remove the film, stretch it out and dunk it into the developer solution which was running at 110 degrees. After swishing it back and forward a couple of seconds, it was taken out of that bath and into the fixer bath for another couple of seconds. Then we would turn on the safety light, put a sheet of A4 photo paper on the base of the enlarger. The film was draped through the enlarger lens which had a hair line to indicate 1st, 2nd, 3rd etc. that the judges had called for.

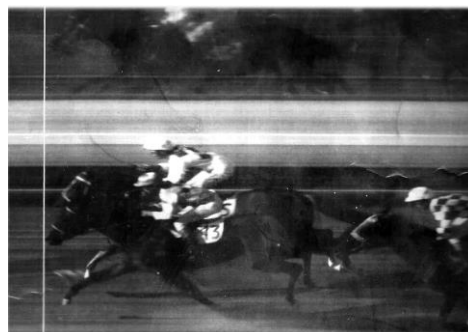
Then line up the tip of the nose of the horse in question and switch the lamp on and off take the paper into the developer and the fixer and a wash, roll it up and

put it into a cylinder and drop it down the tube to the Judge.

The whole process from removing the film to dropping the photo down the tube took 60 seconds!

Then you would wait for the noise from the disgruntled owners.

The closest photo I had was a horse on the mirror side with its nostrils wide open, while the horse on the track side were closed, so you could say the race was won by a nostril. So, if it wasn't for the mirror, the judge may have called it a dead heat.



After the gallops the chemical went down the drain pipe and new chemical was put in place for the night trots. The mirror was moved to the trotting lane and realigned and the F stop on the camera was altered and the speed of the device was corrected for the Trots.

The Bulletin printed a picture of all the horses crossing the finish line for every race. I think this was produced by Ces Davie the other operator and called *the run along*.

Then, when we got home was had BLACK hands from the silver nitrate in the developer and the only way we could wash that off was neat bleach; a little soaking and a scrub and we had pink hands again.

We were paid \$14 for each meeting and it was because of that paltry sum, I was able to get a home loan through Tasman Building Society and that is another story.

So that is a little bit of history for all you racing lovers.

Nick Quigley OAM

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Editor's note: Many thanks to those who contributed articles and photos. A special thanks for the individual stories. These give the journal a personal touch which we enjoy reading.

Due to extra content, the printed copy will have the activity sheets inserted separately.




Ukulele group




*These pics taken by
Gordon Sue*





A Collection of stories from U3A Rockhampton & District Inc.
Writing for Pleasure Group with Illustrations from
past and present U3A **Pencil Drawing Group**

...with a touch of Rockhampton



Mayhem, Mysteries & Memories

A collection of stories and poems from U3A Rockhampton & District Inc. written featuring drawings from the present and past members of U3A's Pencil Drawing Group

DON'T MISS OUT!
NEW RELEASE.....
THIS YEAR'S COLLECTION OF STORIES

★ GREAT READING
★ AN EXCELLENT GIFT
★ LIMITED COPIES



U3A Activities 2019 – revised August 2019

Legend: * = Continues all year

NA = New Activity

SA = Shared Activity

NB ~ Identified costs are mainly for venue hire. Materials are extra, depending on what you use.

Activities	Times	Venue	Contact	Phone
Monday				
General Meeting ~ 1 st Monday (excluding January)	1 st week 9.30am	Frenchville Sports Club, Clifton Street, North Rockhampton (Lunch to follow)	Russell	48191739
Bush dancing SA*	Weekly 7.00pm - 9pm	Rockhampton Pipe Band Hall Gladstone Road, Rockhampton ~ \$5	Leonie	4922 5887
History Group	3 rd week 2pm.	Glass room, Frenchville Sports Club Clifton St., Nth Rockhampton	Ann	4922 1581
Contemporary Ballet	1 st week 2pm	Oak Tree Retirement Village 40 Foulkes St, Norman Gardens	Keith	4928 3849
Tuesday				
Senior-Fit Class Resistance Training SA* Swimming	8.30am - 9.30am 7.30am - 8.30am Initially, then Any open hours	CQU Community Sports Centre, Yaamba Road, North Rockhampton Cost for single visit \$8 OR 10 sessions for \$60	Sports Centre or Rhonda Barb	4923 2159 4819 1739 4928 7560
Aqua Aerobics SA*	Weekly 11am - 12noon	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
Investment Group Discussion SA*	3 rd week 10am	Glass room, Frenchville Sports Club North Rockhampton	Arch	4928 6653
Mahjong I	Weekly 1pm	Women's Health, cnr Bolsover Street & Derby Street, Rockhampton	Lyn	4928 8136 0455288833
Third Age Chorus Singing Group	Weekly 9.30am	Youth Orchestra Room, Floor 1 Walter Reid Building, Derby St.	Lindsay	4922 7099
Tai Chi * Southside	Weekly 7.30am	Botanic Gardens, near Lagoon, Rockhampton	Virginia	4921 1602
Poetry for Leisure	2 nd week 9.15am – 11.15am	School of Arts Bolsover St., Rockhampton	Alan	4928 5319 0411469563
Monthly Lunch	3 rd week 12 noon	Venue to be decided previous month	Judy	4928 1756
Cards & Scrabble	1 st & 4 th weeks 9am – 11.15am	Oaktree Village Glenmore Road \$1 includes tea/coffee	Judy	4928 1756
Calligraphy	2 nd & 4 th weeks 1 – 3.30pm	Settlers Village Community Centre Pauline Martin Drive -off North Street	Virginia	4921 1602
Wednesday				
Book Lover's Group	4 th week 10am	Settlers Village Community Centre Pauline Martin Drive -off North Street	Sheila	4928 2819
Embroidery	1 st & 3 rd weeks 1pm - 4.30pm	CQU room 41/G41. Turn right off Carlton St., into Blair Drive	Pat	4927 4493
Speech Group ("In Voice")	1 st & 3 rd Weeks 9.30am -10.30am	304 Kent Street, Depot Hill	Virginia Valda	4928 2119 4928 2119
Writing for Pleasure	1 st week 9.15am -11.15am	1 st week -School of Arts, Bolsover Street, Rockhampton.	Julie	0458298297
Drama Group	1 st & 3 rd weeks 1pm – 3pm	Oaktree Village Glenmore Road 50c tea/coffee \$2 photocopying	Keith	4928 3849
Music Appreciation	4 th Wednesday 1.30pm – 3.30pm	17 Thora St., Gracemere	Nancy	4933 2722
Ukulele	Weekly 2pm	Oaktree, 40 Foulkes St., Norman Gardens	Phil	4928 7769

Learning at Leisure – Learning for Pleasure

U3A Activities 2019

[Revised August, 2019]

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Activities	Times	Venue	Contact	Phone
Thursday				
Senior-Fit Class Resistance Training SA * Swimming	8.30am – 9.30am 7.30am - 8.30am Initially, then any open hours	CQU Community Sports Centre, Yaamba Road, North Rockhampton Cost for single visit ~ \$8 or 10 sessions for \$60	Sports Centre or Rhonda Barb	4923 2159 4819 1739 4928 7560
Aqua Aerobics	Weekly 9.30am - 10.30am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
Discussion ~ Current Affairs	3 rd week 3pm - 5pm	255 Elphinstone Street, North Rockhampton	Arch	4928 6653
Photography Group	Every 2 nd Week 3pm [from 22/8/19]	Technology Centre 1 st floor ~ Library, Bolsover Street, Rockhampton.	Phil	4928 7769
Multi Crafts	Last Thursdays 9.30am – 12.30pm	Oaktree Retirement Village Glenmore Road; \$1 for tea/coffee	Ann	4922 1581
Friday				
Armchair Travel	3 rd week 9.30am -11.30am	Athelstone House, Ward Street, (Rockhampton Bowls Club) \$2.50 and please bring a plate for morning tea	Jackie	4922 7976
Garden Lover's Club	4 th week 9.30am	Venue advised at General meeting Please bring hat, chair & a plate for morning tea	Joan	4933 3190
Line Dancing SA	Weekly 2pm – 4pm	Square Dancing Hall, Kingel Park, Fitzroy Street, Rockhampton Cost ~ \$7	Sue	4922 3421
Mahjong II	Weekly 1pm – 4pm	Settlers Village, Pauline Martin Drive, Rockhampton	Judy	4928 1756
Tai Chi Northside	Weekly 7.30am - 8.30am.	Kershaw Gardens (Knight Street) Cost ~ \$2.	Shirley Beth	4936 4792 4926 4374
Pencil Drawing	1 st week 9:30 – 11:30 am	7 Gardenvale Crt, Hillside Estate (off Norman Road) North Rockhampton	Keith	4928 9505
Saturday				
Aqua Aerobics SA *	Weekly 7am - 8am	Caribee Swim Academy, 135 Menzies Street, North Rockhampton Cost ~ \$6	Jodie Annette	4926 1650 0499265992
Personal Arrangements				
FREE Computer Classes	Various days Weekly ~ 2 hours	Technology Centre – 1 st Floor RRC Library Bolsover Street, Rockhampton. (How to drive a computer; Windows 10; Files & folders; Internet made easy; Word 2010, PowerPoint 2010; Personal & computer security; Email made easy; digital photography)	Chris or Donna	4936 8212 or 4936 82188
Several times annually – days to be decided				
Bird Watching		Rod will contact those interested to choose day and time	Rod	4928 4343



U3A Rockhampton and District Inc.
ABN 83 907 668 103
MEMBERSHIP RENEWAL 2020

Please complete this form, insert in an envelope and hand to the Treasurer at the next meeting or post to The Secretary, U3A, P.O. Box 8160, ALLENSTOWN, Qld 4700

Name: _____

Residential address: _____

Mailing address: _____

Phone: _____ Mobile: _____ Email: _____

Previous occupation: _____

Hobbies/interests: _____

Membership fees are **\$15 per person**. Prompt payment by **31st December 2019** would be appreciated.

☐

Payment enclosed

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Payment made to: Commonwealth Bank

Account name – U3A BSB - 064 710

Account Number - 0092 5452

Email: u3arockhampton@hotmail.com

Web: www.u3arockhampton.org.au



Note: this is a paid advertisement

Learning at Leisure – Learning for Pleasure